

World Health Organization Study on Global Ageing and Adult Health (SAGE) - Pilot Study

[Country name about here]

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	Section 1000: Socio-Demo	ograph	ic Characteristics	
Time Be	gin:			
Q1001	Household ID			
Q1001a	Number of respondent from HH roster			
Q1002	INTERVIEWER: Does the respondent appear to have cognitive limitations that prevent him/her from being interviewed?	1. \ 2. N	/ES→ No→	Q1007 Q1003
about yo	ike to start by asking you some backgroun our health. This information is confidential a your consent.			
persons	he issues we are exploring in this study ar can have. I know these questions may be le an answer. I would like to start by asking	sensitive	or difficult to answer, but pl	lease try
Q1003	How would you best describe your memory at present ?		VERY GOOD GOOD MODERATE BAD VERY BAD	
Q1004	Compared to a year ago, would you say your memory is now better, the same or worse than it was then?	1. 2. 3.		
Q1005	COGNITIVE 2. RESPONDE LIMITATIONS INTERVIEW	LIMITATIONT MAY HAS BUT COU	LD PROBABLY DO THE	Q1024 Q1006
	3. COGNITIVE	LIMITATIO	NS, PROXY→	Q1007
Q1006	INTERVIEWER: Does respondent need assistance by anyone during the interview?	1. 2.	YES→ No, ANSWER SELF→	Q1007 Q1024
Q1007	INTERVIEWER: Who is the proxy?	1. 2.	Spouse Non-spouse	

FOR PROXY

Now we want you to remember what your friend or relative was like 10 years ago and to compare it with what he/she is like now. Ten years ago was in 1995. Below are situations where this person has to use his/her memory or intelligence and we want you to indicate whether this has improved, stayed the same or got worse in that situation over the past 10 years. Note the importance of comparing his/her present performance with 10 years ago.

For example, if 10 years ago this person always forgot where he/she had left things, and he/she still does, then this would be considered "not much change".

INTERVIEWER: can show the respondent the scale and read the categories..

	Compared with 10 years ago how is this person at									
		Much IMPROVED	A BIT IMPROVED	NOT MUCH CHANGE	A BIT WORSE	Much worse	Don't know			
Q1008	Remembering things about family and friends e.g. occupations, birthdays, addresses	1	2	3	4	5	8			
Q1009	Remembering things that have happened recently	1	2	3	4	5	8			
Q1010	Recalling conversations a few days later	1	2	3	4	5	8			
Q1011	Remembering his/her address and telephone number	1	2	3	4	5	8			
Q1010	Remembering what day and month it is	1	2	3	4	5	8			
Q1013	Remembering where things are usually kept	1	2	3	4	5	8			
Q1014	Remembering where to find things which have been put in a different place from usual	1	2	3	4	5	8			
Q1015	Knowing how to work familiar machines around the house	1	2	3	4	5	8			
Q1016	Learning to use a new gadget or machine around the house	1	2	3	4	5	8			

		Much IMPROVED	A BIT	NOT MUCH CHANGE	A BIT WORSE	Much worse	Don't know
Q1017	Learning new things in general	1	2	3	4	5	8
Q1018	Following a story in a book or on TV	1	2	3	4	5	8
Q1019	Making decisions on everyday matters	1	2	3	4	5	8
Q1020	Handling money for shopping	1	2	3	4	5	8
Q1021	Handling financial matters e.g. the pension, dealing with the bank	1	2	3	4	5	8
Q1022	Handling other everyday arithmetic problems e.g. Knowing how much food to buy, knowing how long between visits from family or friends	1	2	3	4	5	8
Q1023	Using his/her intelligence to understand what's going on and to reason things through	1	2	3	4	5	8
	Thank you for your participation		dont has an	ded To fine			

INTERVIEWER - Your interview of this respondent has ended. To finalise this questionnaire - complete Section Q9000.

NOW I W	ill continue with questions abou	ut your background.						
Q1024	What is your mother tongue?	1 Country-specific						
	By mother tongue we mean the	2 Country-specific						
	language you learned first, the	3 Country specific						
	language that you can express yourself fully in, or voluntarily	88 Don't know						
	identify with.							
Q1025	INTERVIEWER:	1 Male						
	Record sex of the respondent	2 FEMALE						
Q1026	In what month and year were	Month						
	you born?	88 Don't know month						
		YEAR						
		8888 DON'T KNOW YEAR						
Q1027	How old are you now?	Age in Years						
	If don't know - probe.	888 Don't know						
Q1028	· ———	1 Never Married → Q1031						
status?	2 CURRENTLY MARRIED → Q1030							
		3 SEPARATED/DIVORCED						
		4 WIDOWED						
		5 COHABITATING → Q1030						
Q1029	For how many <u>years</u> have	NUMBER OF YEARS						
	you been separated, divorced or widowed?	88 <i>Don't Know</i> → Q1031						
Q1030	For how many <u>years</u> have	NUMBER OF YEARS						
	you been married or living together?	88 Don't Know						
Q1031	Have you <u>ever</u> been to	1 YES						
	school?	2 No Q1034						
Q1032	What is the highest level of	1 LESS THAN PRIMARY SCHOOL						
	education that you have completed?	2 PRIMARY SCHOOL COMPLETED						
	•	3 SECONDARY SCHOOL COMPLETED						
		4 HIGH SCHOOL(OR EQUIVALENT) COMPLETED						

		5	COLLEGE/PRE-UNIVERSITY COMPLETED	
		6	POST GRADUATE DEGREE COMPLETED	
Q1033	How many <u>years of</u> education, have you		Number of Years	
	completed?	88	Don't Know	
Q1034	What is your background or	1	COUNTRY-SPECIFIC	
	ethnic group?	2	COUNTRY-SPECIFIC	
		3	COUNTRY-SPECIFIC	
		4	COUNTRY-SPECIFIC	
		5	OTHER	
Q1035	Have you always lived in this	1.	Yes	Q1040
	village/town/city?	2.	No	
Q1036	How long have you been living in this area?	88	Months Don't know	
	INTERVIEWER: enter either months or years. If less than 12 months enter only months. If 12 months or more enter only years	88	YEARS DON'T KNOW	
Q1037 Where were you living	1	In another area of [country-specific city]		
	before?	2	In another city in this country	
		3	In a rural area in this state/province/region	า
		4	In a rural area outside this state/province/but in this country	region,
		5	Outside this country	
Q1038	Where have you lived for	1	In another area of [country-specific city]	
	most of your adult life?	2	In another city in this country	
		3	In a rural area in this state/province/region	า
		4	In a rural area outside this state/province/ but in this country	region
		5	Outside this country	
Q1039	Where did you live for most	1	In another area of [country-specific city]	
	of your childhood?	2	In another city in this country	
		3	In a rural area in this state/province/region	า
		4	In a rural area outside this state/province/ but in this country	region,
			Outside this country	

Q1040	What is your religion?	1	Muslim
		2	CATHOLIC
		3	PROTESTANT
		4	PAGAN/TRADITIONAL
		5	NONE/NO RELIGION
		6	OTHER

Time End :	•			
i ime Ena :				

	Section 1500:	W	ork History and Benefits	
Time Begi	in: :			
Q1501	Have you ever, in your	1	YES →	Q1502
	life, had work from which you received payment in money or goods?	2	No	
Q1501a	What is the main reason	1	Homemaker / caring for family	
	that you have never worked?	2	Looked but cannot find a job	
	3	Do unpaid work / voluntary work		
		4	Studies / training	
		5	Health problems →	Q2000
		6	Did not have the economic need	
		7	Parents / spouse did not let me	
		8	Other, specify	
		8	Don't know	
Q1502	Are you currently	1	YES	
	working for pay?	2	No →	Q1515
Q1503	At what age did you start working for pay?		YEARS OF AGE	
		88	Don't Know	

Now let me [first] ask you about your main job.

Q1504	Who is your employer in your current main job?	1	Government employee Non-government employee
		3	Self-employed
		4	Employer

Q1505	During the last 12	1	Legislator, Senior Official or manager
	months, what has been your main occupation?		Professional (engineer, doctor, teacher, clergy, etc.)
		3	Technician or associate professional (inspector, finance dealer, etc.)
		4	Clerk (secretary, cashier, etc.)
		5	Service or sales worker (cook, travel guide, shop salesperson, etc.)
		6	Agricultural or fishery worker (vegetable grower, livestock producer, etc.)
		7	Craft or trades worker (carpenter, painter, jewelry worker, butcher, etc.)
		8	Plant/machine operator or assembler (equipment assembler, sewing-machine operator, driver, etc.)
		9	Elementary worker (street food vendor, shoe cleaner, etc.)
		10	Armed forces (government military, security)
Q1506	On average, how many days a week do you		DAYS
	work in your <u>main</u> job?	88	Don't Know
Q1507	On average, how many hours a day do you work		Hours
	in your <u>main</u> job?	88	Don't Know
Q1508	How many months have you worked in your <u>main</u>		Months
	job in the last 12 months?	88	Don't Know
Q1509	In this <u>main</u> job, do you	1	No benefits
	receive any of the following benefits?	2	Retirement or pension
	ionowing benefits:	3	Medical services
	INTERVIEWER:	4	Food or provisions
	circle all that apply	5	Cash bonuses
	on one and apply	6	Other, specify
		8	Don't know
Q1510	Have you worked at	1	Yes
	more than one job over the last 12 months?	2	No → Q2000

Now I'd like to ask you questions about your second job

Q1511	On average, how many days a week do you work in your second job?	Days 8 <i>Don't Know</i>							
Q1512	On average, how many hours a day do you work in your <u>second</u> job?	K Hours 88 <i>Don't Know</i>							
Q1513	How many months have you worked in your second job in the last 12 months?	Months 88 <i>Don't Know</i>							
Q1514	In this <u>second</u> job, do you receive any of the following benefits?	1 Retirement or pension 2 Medical services 3 Food or provisions							
	INTERVIEWER: circle all that apply	4 Cash bonuses 5 Other, specify 6 No benefits 8 DON'T KNOW							
Q1515	What is the main reason you are not working for pay?	1 Homemaker / caring for family 2 Looked but cannot find a job 3 Do unpaid work / voluntary work 4 Studies / training 5 Retired / too old to work 6 Ill health 7 Other, specify							
Q1516	What is the main reason that you stopped working for pay? INTERVIEWER: only one answer allowed	 Heath problems I was retired because of my age I was laid off / redundancy My family did not want me to work I wanted to stop working at a certain age 							
	only one answer allowed	8 Don't know							

Q1517 What was the last job 1 Worked at regular pay job for one you had? employer	
you had? employer	
Worked at paying jobs for more than one employer (at same time)	
3 Did odd jobs	
4 Worked for yourself	
5 Did not work for pay	
8 Don't know	
Q1518 At what age did you stop working? YEARS OF AGE	Q1519
88 Don't Know	Q1518a
Q1518a. How many years ago did you stop working? YEARS AGO	
88 Don't Know	
Q1519 Are you actively looking 1 YES	
for work? 2 No	
Q1520 What is the main reason 1 Need the income	
that you would you like to work at present? 2 Want to/need to be active	
3 Want to feel useful	
INTERVIEWER: 4 Help my family	
only one answer allowed 5 Other, specify	
88 Don't know	

Time End :	•			
⊓me ⊑na :	•			

	Section 2000: Health State Descriptions	
Time Begin:	:	

Now we will switch to questions specifically about your health. The first questions are about your overall health, including both your physical and your mental health.

Q2000	In general, how would you rate your health today?	1 2 3 4 5	Very good Good Moderate Bad Very bad
Q2001	Overall in the last 30 days, how much difficulty did you have with work or household activities?	1 2 3 4 5	None Mild Moderate Severe Extreme/cannot do

Now I would like to review the different functions of your body. When answering these questions, I would like you to think about the last 30 days, taking both good and bad days into account. When I ask about difficulty, I would like you to consider how much difficulty you have had, on average, in the last 30 days, while doing the activity in the way that you usually do it. By difficulty I mean requiring increased effort, discomfort or pain, slowness or changes in the way you do the activity. Please answer this question taking into account any assistance you have available.

INTERVIEWER: Read and show scale to respondent

MOBILITY

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2002	Overall in the last 30 days, how much difficulty did you have with moving around?	1	2	3	4	5
Q2003	In the last 30 days, how much difficulty did you have in vigorous activities (such as cycling or working on the farm/country-specific example)?	1	2	3	4	5

SELF-CARE

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2004	Overall in the last 30 days, how much difficulty did you have with self-care, such as washing or dressing yourself?	1	2	3	4	5
Q2005	In the last 30 days, how much difficulty did you have in taking care of and maintaining your general appearance (e.g. grooming, looking neat and tidy)	1	2	3	4	5

PAIN AND DISCOMFORT

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2006	Overall in the last 30 days, how much of bodily aches or pains did you have?	1	2	3	4	5
Q2007	In the last 30 days, how much bodily discomfort did you have?	1	2	3	4	5

COGNITION

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2008	Overall in the last 30 days, how much difficulty did you have with concentrating or remembering things?	1	2	3	4	5
Q2009	In the last 30 days, how much difficulty did you have in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

INTERPERSONAL ACTIVITIES

		NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2010	Overall in the last 30 days, how much difficulty did you have with personal relationships or participation in the community?	1	2	3	4	5
Q2011	In the last 30 days, how much difficulty did you have in dealing with conflicts and tensions with others?	1	2	3	4	5

BREATHING

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2012	Overall in the last 30 days, how much of a problem did you have with breathing, such as shortness of breath at rest?	1	2	3	4	5
Q2013	Shortness of breath with mild exercise, such as climbing uphill for 20 meters or stairs (such as 12 steps)?	1	2	3	4	5

SLEEP AND ENERGY

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2014	Overall in the last 30 days, how much of a problem did you have with sleeping, such as falling asleep, waking up frequently during the night or waking up too early in the morning?	1	2	3	4	5
Q2015	In the last 30 days, how much of a problem did you have due to not feeling rested and refreshed during the day (e.g. feeling tired, not having energy)?	1	2	3	4	5

AFFECT

		None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2016	Overall in the last 30 days, how much of a problem did you have with feeling sad, low or depressed?	1	2	3	4	5
Q2017	Overall in the last 30 days, how much of a problem did you have with worry or anxiety?	1	2	3	4	5

VISION (respondent should answer as when wearing glasses/contact lenses if used)

Q2018	When was the last time you had	1	NEVER
	your <u>eyes</u> examined by a medical professional?	2	WITHIN THE LAST 12 MONTHS
	meanean protessional.	3	1-2 YEARS AGO
		4	3-4 YEARS AGO
		5	5 OR MORE YEARS AGO
Q2019	Do you use eyeglasses or	1	YES
	contact lenses to see far away (for example across the street)?	2	No
Q2020	Do you use eyeglasses or	1	YES
	contact lenses to see up close (for example at arms length,	2	No
	like when you are reading)?		
Q2021	In the last 30 days, how much	1	None
	difficulty did you have in seeing and recognising a person or	2	MILD
	object you know across the	3	MODERATE
	road (from a distance of about 20 meters)?	4	SEVERE
		5	EXTREME / CANNOT DO
Q2022	In the last 30 days, how much	1	None
	difficulty did you have in seeing and recognising an object at	2	MILD
	arm's length (for example	3	MODERATE
	reading)?	4	SEVERE
		5	EXTREME / CANNOT DO

HEARING (respondent should answer as when wearing hearing aid if one is used)

Q2023	Do you wear a hearing aid?	1	YES
		2	No
Q2024	In the last 30 days, how much	1	None
	difficulty did you have in: hearing someone talking on	2	MILD
	the other side of the room in a	3	MODERATE
	normal voice (even with your hearing aid on if you use	4	Severe
	one)?	5	EXTREME/CANNOT DO
Q2025	In the last 30 days, how much	1	None
	difficulty did you have in: hearing what is said in a	2	MILD
	conversation with one other	3	MODERATE
	person in a quiet room (even with your hearing aid on if you	4	Severe
	use one)?	5	EXTREME/CANNOT DO

BOWELS AND BLADDER

Q2026	difficulty have you had with	1	None	Q2028
	difficulty have you had with urinating or controlling your	2	MILD	
	urine?	3	MODERATE	
		4	SEVERE	
		5	EXTREME/CANNOT DO	
Q2027	On about how many days in the last month has this		Days	
	happened to you?	88	Don't Know	
Q2028	In the last 30 days, how much	1	N ONE	Q2030
	difficulty have you had with defecating, including	2	MILD	
	constipation?	3	MODERATE	
		4	Severe	
		5	EXTREME/CANNOT DO	
Q2029	On about how many days in the last month has this		DAYS	
	happened to you?	88	Don't Know	

DIGESTION

Q2030	In the last 30 days, for how many days did you have a problem due to: burning in the stomach? If no problems enter 0	DAYS 88 Don't Know
Q2031	In the last 30 days, for how many days did you have a problem due to: loose stools 3 or more times a day? If no problems enter 0	DAYS 88 Don't Know

FUNCTIONING ASSESSMENT

These next questions ask about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs.

Think back over the <u>last 30 days</u> and answer these questions thinking about how much difficulty you had doing the following activities.

INTERVIEWER: For each question, please circle only one response.

	In the last 30 days, how much difficulty did you have 	None	Mild	Moderate	Severe	Extreme/ cannot do	n/ a
Q2032	in sitting for long periods (for example, sitting for two hours)?	1	2	3	4	5	9
Q2033	in walking 100 meters (or equivalent)?	1	2	3	4	5	9
Q2034	in standing up from sitting down (such as, getting up from a chair after sitting for long periods)?	1	2	3	4	5	9
Q2035	in standing for long periods (such as 30 minutes)?	1	2	3	4	5	9
Q2036	with climbing one flight of stairs without resting?	1	2	3	4	5	9
Q2037	with stooping, kneeling or crouching?	1	2	3	4	5	9
Q2038	picking up things with your fingers (such as picking up a coin from a table)?	1	2	3	4	5	9
Q2039	in taking care of your household responsibilities?	1	2	3	4	5	9

		None	Mild	Moderate	Severe	Extreme/	n/ a
Q2040	in learning a new task, for example, learning how to get to a new place?	1	2	3	4	5	9
Q2041	in joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?	1	2	3	4	5	9
Q2042	in reaching for things over your head (for example, extending your arms above shoulder level)?	1	2	3	4	5	9
Q2043	concentrating on doing something for 10 minutes?	1	2	3	4	5	9
Q2044	in walking a long distance such as a kilometer (or equivalent)?	1	2	3	4	5	9
Q2045	in washing your whole body?	1	2	3	4	5	9
Q2046	in getting dressed (including, for example, putting on your shoes and socks)?	1	2	3	4	5	9
Q2047	with people you do not know?	1	2	3	4	5	9
Q2048	in maintaining a friendship?	1	2	3	4	5	9
Q2049	in your day to day work?	1	2	3	4	5	9
Q2050	with carrying things (such as lifting or carrying a heavy bag of food/bucket of water)?	1	2	3	4	5	9
Q2051	with moving around inside your home (such as walking across a room)?	1	2	3	4	5	9
Q2052	with eating (including cutting up your food)?	1	2	3	4	5	9
Q2053	with getting up from lying down (for example, getting in and out of bed)?	1	2	3	4	5	9
Q2054	with getting to and using the toilet?	1	2	3	4	5	9
Q2055	with getting where you want to go, using private or public transport if needed?	1	2	3	4	5	9

		None	Mild	Moderate	Severe	Extreme/ cannot do	n/ a
Q2056	getting out of your home (such as going shopping for groceries)?	1	2	3	4	5	9
Q2057	In the last 30 days, how much have you been emotionally affected by your health condition(s)?	1	2	3	4	5	9
Q2058	Besides any vision aids (eyeglasses or contact lenses) or hearing aids mentioned above, do you use any other assistive devices (cane, walker or other).	•	YES No				

VIGNETTES FOR HEALTH STATE DESCRIPTIONS

This next section will require additional concentration. I will read to you some stories about people with varying levels of difficulties in different areas of health. I want you to think about these people's experiences as if they were your own. Once I have finished reading each story, I will ask you to rate what happened in the story. I would like to know how <u>you view</u> each story and rate <u>how much of a problem or difficulty</u> the person described has in that area of health in the <u>same way that you described your own health to me earlier</u>. While giving the rating, think of the person in the story as someone who is of your age and background.

Set A Affect and Mobility

Set A	Affect and Mobility					
	[Yusuf] is able to walk distances of up after walking 1 kilometre or climbing u with day-to-day physical activities, su	up more t	han one f	flight of stairs.	He has no	
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2101	Overall in the last 30 days, how much difficulty did Yusuf have with moving around?	1	2	3	4	5
Q2102	In the last 30 days, how much difficulty did Yusuf have in vigorous activities, such as running 3 km (or	1	2	3	4	5
	equivalent) or cycling?					
		or when	doing so			
	equivalent) or cycling? [Lucas] feels nervous and anxious. H feels better in the company of people	or when	doing so			ests him. Extreme/
Q2103	equivalent) or cycling? [Lucas] feels nervous and anxious. H feels better in the company of people	or when eless and	doing soi empty.	mething that re	eally intere	ests him.

	effort to walk around his home as his	legs feel	heavy.			
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2105	Overall in the last 30 days, how much of a problem did Gabriel have with moving around?	1	2	3	4	5
Q2106	In the last 30 days, how much difficulty did Gabriel have in vigorous activities, such as chopping trees or cycling?	1	2	3	4	5
	[Jane] enjoys her work and social act depressed every 3 weeks for a day o is able to carry on with her day to day	r two and activitie	l loses int s.	terest in what s	she usuall	y enjoys but
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2107	Overall in the last 30 days, how much of a problem did Jane have with feeling sad, low, or depressed?	1	2	3	4	5
Q2108	In the last 30 days, how much of a problem did Jane have with worry or anxiety?	1	2	3	4	5
	[Margaret] does not exercise. She ca she is obese. She is able to carry the			some light hou		
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2109	Overall in the last 30 days, how much of a problem did Margaret have with moving around?	1	2	3	4	5
Q2110	In the last 30 days, how much difficulty did Margaret have in vigorous activities, such as chopping trees or cycling?	1	2	3	4	5
	[Susan] feels depressed most of the the future. She feels that she has bee dead.					
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2111	Overall in the last 30 days, how much of a problem did Susan have with feeling sad, low, or depressed?	1	2	3	4	5
Q2112	In the last 30 days, how much of a problem did Susan have with worry or anxiety?	1	2	3	4	5
	[Mary] has no problems with walking, kilometres twice a week.	running	or using I	her hands, arn	ns and leg	s. She jogs 4
	•	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2113	Overall in the last 30 days, how much of a problem did Mary have	1	2	3	4	5

	with moving around?					
Q2114	In the last 30 days, how much difficulty did Mary have in vigorous activities, such as running 3 km (or equivalent) or cycling?	1	2	3	4	5
	[Abdul] is paralyzed from the neck do	wn Hair	s upoblo te	o movo hic arr	ne and le	ac or to chift
	body position. He is confined to bed.	wii. He is	s uriable ti	o move ms an	iis and le	JS OF TO STILL
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2115	Overall in the last 30 days, how much of a problem did Abdul have with moving around?	1	2	3	4	5
Q2116	In the last 30 days, how much difficulty did Abdul have in <u>vigorous</u> activities, such as chopping trees or cycling?	1	2	3	4	5
	[Samson] loves life and is happy all the	ne time. I	le never v	worries or gets	upset ab	out anything
	and deals with things as they come.					
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2117	Overall in the last 30 days, how much of a problem did Samson have with feeling sad, low, or depressed?	1	2	3	4	5
Q2118	In the last 30 days, how much of a problem did Samson have with worry or anxiety?	1	2	3	4	5
	[Scholastica] has already had five add suicide twice in the past year and has distressed every day for the most par better. She is thinking of trying to end	harmed t of the d	herself or ay, and se	n three other o	occasions.	She is very
		None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2119	Overall in the last 30 days, how much of a problem did Scholastica have with feeling sad, low, or depressed?	1	2	3	4	5
Q2120	In the last 30 days, how much of a problem did Scholastica have with worry or anxiety?	1	2	3	4	5

Time a Final .	•		
Time End :			

Section 2500: Anthropometrics and Performance Tests			
Time Begin:	•		

Before we ask you more questions, this time about your own health and well-being, we would like to measure a few things, like your blood pressure, your weight and height. We'll also ask you to participate in a few tests to determine your health status.

Blood Pressure

	First I would like to measure your blood pressure (seated x 3, after 1 minute rest)				
Q2501					
	Time 1	Systolic	Diastolic		
Q2502					
	Time 2	Systolic	Diastolic		
Q2503					
	Time 3	Systolic	Diastolic		

Anthropometric Measurements

To measure your height I need you to please take off your shoes. Put your feet and heels together and look forward standing with your back and head touching the wall. Look straight ahead.

Q2504	Height			
	in metres/centimetres		metres	centimetres
		999	Cannot stan	d up
	Now we want to measure your weight - could y on this scale.	ou ple	ease keep you	ur shoes off and step
Q2505	Weight			
	in kilograms (kg)		•	kg

INSERT BLOOD TESTS HERE.

Continue with Performance tests, see Appendix C.

INTERVIEWER: you will start with the walking tests - using your tape measure, mark out lengths of 1 and 4 metres over a flat and straight surface.

Normal walk

Now I am going to observe how you normally walk. If you use a cane or other walking aid and would be more comfortable with it, then you may use it. This is the walking course. I want you to walk to the other end of the course at your usual speed, just as if you were walking down the street to go to the store. Walk all the way past the other end of the tape before you stop. I will walk with you.

INTERVIEWER: DEMONSTRATE.

Do you feel this would be safe? If yes, continue. When I want you to start, I will say: "Ready, begin."

Ready begin.

Q2506	Did respondent complete the walk at usual pace?	1	YES
	, , , , , , , , , , , , , , , , , , , ,	2	No, refused
		3	No, CANNOT WALK, EVEN WITH
			SUPPORT → Q2512
Q2507	Time at 1 metre		
			SECONDS
Q2508	Time at 4 metres		
			SECONDS

Rapid walk

Now I want to repeat the walk. This time, however, I would like you to walk at a rapid pace, as fast as you can, and go all the way past the other end of the course.

INTERVIEWER: DEMONSTRATE.

When I want you to start, I will say: "Ready, begin."

"Ready begin."

_ ricady t	regin.		
Q2509	Did respondent complete the walk at rapid	1	YES
	pace?	2	No, refused/unable → Q2512
Q2510	Time at 1 metre		
			SECONDS
Q2511	Time at 4 metres		
			SECONDS

Grip strength - dynamometer

We are now going to test the strength in your hands.

Q2512	Have you had a recent worsening of pain or arthritis in your right hand or wrist, or do you have any other condition that is causing you pain?		YES → DO NOT TEST RIGHT HAND NO
Q2513	Have you had a recent worsening of pain or arthritis in your left hand or wrist, or do you have any other condition that is causing you pain?	1 2	Yes → Do not test left hand No
Q2514	Have you had any surgery on your right arm, hand or wrist in the last 3 months?	1 2	YES → DO NOT TEST RIGHT HAND NO
Q2515	Have you had any surgery on your left arm, hand or wrist in the last 3 months?	1 2	YES → DO NOT TEST LEFT HAND NO
Q2516	Which hand do you use to sign your name? <u>DOMINANT HAND</u> - CHECK ONE ANSWER. IF A RESPONDENT IS AMBIDEXTROUS, THE HAND THAT IS USED FOR SIGNING/WRITING IS CONSIDERED THE DOMINANT HAND.	1 2 8	RIGHT LEFT DON'T KNOW

Bend your elbow and press your arm against your side. Then grab the two pieces of metal together like this.

INTERVIEWER: DEMONSTRATE.

I would like you to take this in your dominant hand. I will ask you to do this three times. If you feel any pain or discomfort, tell me and we will stop.

When I say "squeeze", squeeze as hard as you can.

INTERVIEWER: WHEN HE OR SHE BEGINS SAY: SQUEEZE, SQUEEZE, SQUEEZE!

Ready. Squeeze, squeeze!

110000	equeeze, equeeze, equeeze.		
	FILTER: Dominant hand	1	RIGHT
		2	LEFT
Q2517	Did respondent complete the test 3 times in the	1	YES
	dominant hand?	2	No, refused/unable → Q2521
Q2518	First test dominant hand		
			KILOGRAMS
Q2519	Second test dominant hand		
			KILOGRAMS
Q2520	Third test dominant hand		
			KILOGRAMS

Okay, now I will test your other hand.

	The state of the s		
	FILTER: Non-dominant hand	1	RIGHT
		2	LEFT
Q2521	Did respondent complete the test 3 times in the	1	YES
	non-dominant hand?	2	No, refused/unable → Q2525
Q2522	First test non- dominant hand		
			KILOGRAMS
Q2523	Second test non- dominant hand		
			KILOGRAMS
Q2524	Third test non-dominant hand		
			KILOGRAMS

Verbal Recall

We are now going to test your memory I know these questions may be difficult to answer, but please try to provide an answer.

I am now going to read you a list of words. Listen to them carefully and try to remember as many of them as you can, not necessarily in order. I will ask you to repeat them again after some time.

LIST OF WORDS:	TRIAL 1	TRIAL 2	TRIAL 3
ARM			
BED			
PLANE			
Dog			
CLOCK			
BIKE			
EAR			
HAMMER			
CHAIR			
CAT			

Q2525	Number of words recalled correctly Trial 1	
Q2526	Number of words that respondent failed to recall Trial 1	
Q2527	Number of words substituted Trial 1	

I will read the list to you again, and again when I am done, repeat them after me.

Q2528	Number of words recalled correctly Trial 2	
Q2529	Number of words that respondent failed to recall Trial 2	
Q2530	Number of words substituted Trial 2	

One final time - I will read the list and when I am done, you repeat as many as you can remember.

Q2531	Number of words recalled correctly Trial 3	
Q2532	Number of words that respondent failed to recall Trial 3	
Q2533	Number of words substituted Trial 3	

Digit span - Digit forward

I'm going to read sets of numbers to you. I want you to repeat each set of numbers exactly as I say them to you. For example, if I said "1-2", you would say...?

INTERVIEWER: WAIT FOR CORRECT RESPONSE.

If a respondent fails both trial 1 and trial 2, discontinue task. Read:	length	Tria	al 1		al 2 / if 0 ial 1)		Total	
47281	5	0	1	0	1	0	1	2
847251	6	0	1	0	1	0	1	2
3907182	7	0	1	0	1	0	1	2
26890415	8	0	1	0	1	0	1	2
857320159	9	0	1	0	1	0	1	2
9673951638	10	0	1	0	1	0	1	2
51689320831	11	0	1	0	1	0	1	2
372910526438	12	0	1	0	1	0	1	2

If a respondent passes one trial they receive 1 point, but continue to the next number. Stop when they fail both trails.

Q2534	Total score (add up total column)	
	(Maximum = 16 points)	

Digit span - Digits backwards

Now, I am going to say more numbers, but this time I want you to give them to me backward. For example, if I said 1-2, what would you say?

INTERVIEWER: Wait for subject to say 2-1.

IF THE RESPONDENT REPEATS THE NUMBERS, RATHER THAN REPEATING THEM BACKWARDS, SAY "I WANT YOU TO SAY THEM BACKWARDS". YOU CAN REMIND THE RESPONDENT ONE TIME.

If a respondent fails both trial 1 and trial 2, discontinue task. Read:	Correct response	len gth	Tria	al 1		al 2 y if 0 ial 1)		Total	
47281	18274	5	0	1	0	1	0	1	2
847251	152748	6	0	1	0	1	0	1	2
3907182	2817093	7	0	1	0	1	0	1	2
26890415	51409862	8	0	1	0	1	0	1	2
857320159	951023758	9	0	1	0	1	0	1	2
9673951638	8361593769	10	0	1	0	1	0	1	2
51689320831	13802398615	11	0	1	0	1	0	1	2
372910526438	834625019273	12	0	1	0	1	0	1	2

Q2535	Total score (add up total column)	
	(Maximum = 16 points)	

Verbal Fluency

Now we are going to ask you to think of animals and name as many as you can. I am going to give you one minute and I want to see how many animals you can name.

INTERVIEWER: insert instructions about what is acceptable and what is not.

If respondent stops before the end of the minute, encourage them to try to name more animals. If there is a silence of about 15 seconds, prompt them to continue or repeat the basic instructions.

Ready? Start:

Interviewer: Start timing for one minute.

	on etait timing for end immater	
Q2536	Total score (number of animals named correctly)	
Q2537	Number of errors	

SAY: "FINE" OR "GOOD" WHEN COMPLETED THE ONE MINUTE.

Delayed Verbal Recall

I read you a list of words about 10 minutes ago. Could you please repeat to me as many of them as you can?

LIST OF WORDS:	CORRECT
ARM	
BED	
PLANE	
Dog	
CLOCK	
BIKE	
EAR	
HAMMER	
CHAIR	
САТ	

Q2538	Number of words recalled correctly	
Q2539	Number of words that respondent failed to recall	
Q2540	Number of words substituted	

INSERT VISION TEST AND SPIROMETRY TEST HERE.

Time a Final	•			
Time End:	•			

Section 3000: Risk Factors and Preventive Health Behaviours

Time Begin:

We would now like to ask you some questions about your habits and awareness about health.

TOBACCO AND OTHER SMOKING (SEE APPENDIX F)

TOBACCO AND OTHER SMOKING (SEE APPENDIX F)					
Q3000	Have you ever smoked tobacco or used smokeless	1	YES		
	tobacco or used smokeless tobacco?	2	No→	Q3008	
Q3001	Do you <u>currently smoke or</u>	1	YES, DAILY		
	<u>chew</u> any tobacco products such as cigarettes, cigars,	1	YES, BUT NOT DAILY→	Q3008	
	pipes, chewing tobacco or snuff?	2	No, not at all→	Q3008	
Q3002	For how many years have you been smoking or using		YEARS		
	tobacco daily? 88 Don't Know				
	On average, <u>how many</u> of the following products do you smoke or use <u>each day</u> ? Include number below:				
Q3003	Manufactured cigarettes				
Q3004	Hand-rolled cigarettes				
Q3005	Pipefuls of tobacco				
Q3006	Smokeless tobacco		GRAMS/DAY		
Q3007	Other, specify				

ALCOHOL (show Alcohol card to respondent - see Appendix F)

Q3008	Have you ever consumed a drink that contains alcohol (such as beer, wine, etc.)?	•	YES No, Never→	Q3019
Q3009	Have you consumed alcohol	1	YES	
	in the last 30 days?	2	No→	Q3017

	During the past 7 days, how many standard drinks of any alcoholic beverage did you have each day?		Include number below
Q3010	Monday		
Q3011	Tuesday		
Q3012	Wednesday		
Q3013	Thursday		
Q3014	Friday		
Q3015	Saturday		
Q3016	Sunday		
Q3017	In the last 12 months, how	1	LESS THAN ONCE A MONTH
	frequently [on how many days] have you had at least	2	ONE TO THREE DAYS PER MONTH
	one alcoholic drink?	3	ONE TO FOUR DAYS PER WEEK
		4	FIVE OR MORE DAYS PER WEEK
Q3018	In the last 12 months, on the days you drank alcoholic		DRINKS
	beverages, how many drinks did you have on average?	88	Don't know

NUTRITION

Studies have shown that nutrition and life-style are very important health factors. I want to ask you a few questions about your diet. Now I am going to ask you about the fruit and vegetables you usually eat

(show Nutrition card to respondent -- see Appendix F)

Q3019	How many servings of fruit do you eat on a typical day?	SERVINGS	
		88 Don't know	
Q3020	How many servings of vegetables do you eat on a	SERVINGS	
	typical day?	88 Don't know	

PHYSICAL ACTIVITY - (SEE APPENDIX F)

Next I am going to ask you about the time you spend doing different types of physical activity. Please answer these questions even if you do not consider yourself to be an active person. Think first about the time you spend doing work. Think of work as the things that you have to do such as paid or unpaid work, household chores, harvesting food, fishing or hunting for food, seeking employment.

Q3021	Does your work involve mostly sitting or standing, with walking for no more than 10 minutes at a time?	1	YES• No	Q3025
Q3022	Does your work involve <u>vigorous intensity</u> activities, like heavy lifting, digging or chopping wood for at least 10 minutes at a time?	1 2	YES No→	Q3024
Q3023	In a typical week, on how many days do you do vigorous activities as part of your work?		DAYS	
Q3024	On a typical day when you do moderate- intensity activities, such as cooking, cleaning or washing clothes how much time do you spend doing such work?	Нс	: DURS:MINUTES	

Other than activities that you've already mentioned, I would like to ask you about the way you travel to and from places. For example to work, for shopping, to market, to place of worship.

Q3025	Do you walk or use a bicycle for at least 10 minutes continuously to get to and from places?	1. YES 2. No→	Q3028
Q3026	In a typical week, on how many days do you walk or bicycle for at least 10 minutes to get to and from places?	DAYS	
Q3027	How much time would you spend walking or bicycling for travel on a typical day?	: Hours:Minutes	

The next questions ask about activities you do in your leisure time. Think about activities you do for recreation, fitness or sport. Do not include the physical activities you do at work or for travel mentioned already.

Q3028	Does your [recreation, sport or leisure time] involve mostly sitting, reclining, or standing, with no physical activity lasting more than 10 minutes at a time?	1 2	Yes No	 Q4001
Q3029	In your [leisure time], do you do any vigorous activities like [strenuous sports like running or weight lifting] for at least 10 minutes at a time?	1 2	YES No .	Q3032

Q3030	In a typical week, on how many days do you do vigorous activities as part of your DAYS [leisure time]?						
Q3031	How much time do you spend doing this on a typical day? Insert examples & use show card	: Hours:Minutes					
Q3032	In your [leisure time], do you do any <u>moderate-intensity</u> activities like walking, cycling or swimming for at least 10 minutes at a time?	1 YES 2 No → Q4001					
Q3033	In a typical week, on how many days do you do moderate-intensity activities as part of [leisure time]? Insert examples & use show card	DAYS					
Q3034	How much time do you spend doing this on a typical day?	:					
Hours:Minutes							

Section 4000: Chronic Conditions and Health Services Coverage

Time Decim	•		
Time Begin:	•		

Now I would like to read you questions about some health problems or health care needs that you may have experienced, and the treatment or medical care that you may have received.

ARTHRITIS

Q4001	Have you ever been diagnosed with/told you have arthritis (or by	1	YES	
	other names rheumatism or osteoarthritis)?	2	No→	Q4004
Q4002	Have you ever been treated for it?	1	YES	
		2	No	
Q4003	Have you been taking any	1	YES	
	medications or other treatment for it during the last 2 weeks?	2	No	
Q4004	During the last 12 months, have you	1	YES	
	experienced, pain, aching, stiffness or swelling in or around the joints	2	No	
	(like arms, hands, legs or feet) which were not related to an injury			
	and lasted for more than a month?			
Q4005	During the <u>last 12 months</u> , have you	1	YES	
	experienced, stiffness in the joint in the morning after getting up from bed, or after a long rest of the joint without movement?	2	No→	Q4008
Q4006	How long did this stiffness last?	1	ABOUT 30 MINUTES OR LESS	
	Read choices and mark as appropriate	2	MORE THAN 30 MINUTES	
Q4007	Did this stiffness go away after	1	YES	
4.007	exercise or movement in the joint?	2	No	
<u> </u>			-	

Q4008 Have you experienced back pain 1 YES during the last 30 days? Q4010 No→ On how many days did you have Q4009 this back pain during the last 30 DAYS days? **STROKE** Q4010 Have you ever been told by a health 1 YES professional that you have had a Q4016 No→ stroke? YES Q4011 Did you ever receive medical 1 treatment for this stroke? 2 No Q4012 Have you been taking any 1 YES medications or other treatment for it 2 No during the last 2 weeks? Q4013 At what age was your most recent stroke? (AGE, IN YEARS) 88 Don't know.....→ Q4013a Q4013a. In what year was your most recent stroke? YEAR 88 DON'T KNOW Q4014 Does this stroke or its complications 1 NOT AT ALL interfere not at all, a little, or a lot A LITTLE with your daily activities? A LOT Q4016 Have you ever suffered from sudden YES onset of paralysis or weakness in 2 No your arms or legs on one side of your body for more than 24 hours? Q4017 Have you ever had, for more than 24 1 YES hours, sudden onset of loss of 2 No feeling on one side of your body, without anything having happened to you immediately before? Q4018 Have you had any difficulty in YES 1 thinking or finding the right words to 2 No say?

ANGINA

ANGINA				
Q4019	Have you ever been diagnosed with angina or angina pectoris (a	1	YES	
	heart disease)?	2	No→	Q4022
Q4020	Have you ever been treated for it?	1	YES	
		2	No	
Q4021	Have you been taking any	1	YES	
	medications or other treatment for it during the last 2 weeks?	2	No	
Q4022	During the last 12 months, have	1	YES	
	you experienced any <u>pain or</u> discomfort in your chest when you	2	No	
	walk uphill or hurry?	3	NEVER WALKS UPHILL OR HURRIES	
Q4023	During the last 12 months, have	1	YES	
	you experienced any pain or discomfort in your chest when you	2	No→	Q4027
	walk at an ordinary pace on level ground?			
Q4024	What do you do if you get the pain or discomfort when you are walking? read choices	1	Stop or slow down	
		2	Carry on after taking a pain relieving medicine that dissolves in your mouth	
		3	Carry on	
Q4025	If you stand still, what happens to	1	Relieved	
	the pain or discomfort?	2	Not relieved	
	read choices			
Q4026	Will you show me where you	1	UPPER OR MIDDLE CHEST	
	usually experience the pain or discomfort? record all areas of body mentioned or	2	LOWER CHEST	
		3	LEFT ARM	
	showed	4	OTHER	

DIABETES

Q4027	Have you ever been diagnosed with diabetes (high blood sugar)?	1	YES	
with diabetes (high blood sugar)		2	No→	Q4031
Q4028	Have you ever been treated for it?	1	YES	
		2	No	
Q4029	Have you been taking insulin or	1	YES	
	other blood sugar lowering medications in the last 2 weeks?	2	No	
Q4030	Are you following a special diet,	1	YES	
	exercise regime or weight control program for diabetes?	2	No	

CHRONIC LUNG DISEASE

CHRONIC	LUNG DISEASE			
Q4031	Have you ever been diagnosed with chronic lung disease	1	YES	
	(emphysema, bronchitis, COPD)?	2	No→	Q4034
Q4032	Have you ever been treated for it?	1	YES	
		2	No	
Q4033	Have you been taking any	1	YES	
	medications or other treatment (like oxygen) for it during the last 2 weeks?	2	No	
Q4034	During the <u>last 12 months</u> , have	1	YES	
	you experienced any <u>shortness of</u> <u>breath</u> at rest? (while awake)	2	No	
Q4035	During the last 12 months, have	1	YES	
	you experienced any <u>coughing</u> or <u>wheezing</u> for <u>ten minutes or more</u> <u>at a time</u> ?	2	No	
Q4036	During the last 12 months, have	1	YES	
	you experienced any coughing up sputum or phlegm for most days of the month for at least 3 months?	2	No→	Q4039
Q4037	Have you had blood in your	1	YES	
	phlegm or have you <u>coughed</u> <u>blood</u> ?	2	No	

Q4038 In the <u>last 12 months</u> , have you	1	YES		
had a <u>tuberculosis (TB) test</u> ? I mean, has a doctor examined	2	No		
your sputum (taken a sample of the substance spit out from a deep cough and sent it to a				
laboratory for analysis) or made an x-ray of your chest?				

DEPRESSION

DEPRESSI	ON			
Q4039	Have you ever been diagnosed	1	YES	
	with depression?	2	No→	Q4042
Q4040	Have you ever been treated for it?	1	YES	
		2	No	
Q4041	Have you been taking any	1	YES	
	medications or other treatment for it during the last 2 weeks?	2	No	
Q4042	During the last 12 months, have	1	YES	
you had a period <u>lasting several</u> <u>days</u> when you felt <u>sad, empty or</u> <u>depressed</u> ?	2	No		
Q4043	During the last 12 months, have	1	YES	
	you had a period lasting several days when you lost interest in most things you usually enjoy such as hobbies, personal relationships or work?	2	No	
Q4044	During the last 12 months, have	1	YES	
	you had a period lasting several days when you have been feeling your energy decreased or that you are tired all the time?	2	No	Q4060
Q4045	Was this period [of sadness/loss	1	YES	
	of interest/low energy] for more than 2 weeks?	2	No→	Q4060
Q4046	Was this period [of sadness/loss	1	YES	
	of interest/low energy] most of the day, nearly every day?	2	No →	Q4060

Q4047	During this period, did you <u>lose</u>	1	YES
	your appetite?	2	No
Q4048	· · ,	1	YES
	in your thinking?	2	No
Q4049	Did you notice any problems	1	YES
	falling asleep?	2	No
Q4050	Did you notice any problems	1	YES
	waking up too early?	2	No
Q4051	During this period, did you have	1	YES
	any <u>difficulties concentrating</u> ; for example, listening to others,	2	No
	working, watching TV, listening to the radio?		
Q4052	Did you notice any slowing down	1	YES
	in your moving around?	2	No
Q4053	During this period, did you feel	1	YES
	anxious and worried most days?	2	No
Q4054	During this period, were you so	1	YES
	restless or jittery nearly every day that you paced up and down and couldn't sit still?	2	No
Q4055	During this period, did you feel	1	YES
	negative about yourself or like you had lost confidence?	2	No
Q4056	Did you frequently feel hopeless -	1	YES
	that there was no way to improve things?	2	No
Q4057	During this period, did your	1	Yes
	interest in sex decrease?	2	No
Q4058	Did you think of death, wished	1	YES
	you were dead?	2	No

Q4059	During this period, did you ever try to end your life?	1	YES		
	try to end your me	2	No		
HYPERTE	NSION				
Q4060	Have you ever been diagnosed	1	YES		
	with high blood pressure (hypertension)?	2	No →	Q4063	
Q4061	Have you ever been treated for it?	1	YES		
		2	No		
Q4062	Have you been taking any	1	YES		
	medications or other treatment for it during the last 2 weeks?	2	No		
CANCER					
Q4063	Have you ever been diagnosed	1	YES		
with cancer or a malignant tumor?	2	No →	Q4069		
Q4064	When were you diagnosed (in what year)?				
	INTERVIEWER:	(YEAR)→			
	if multiple cancers, the last one diagnosed	88	Don't know→	Q4064a	
	Q4064a. How many years ago where you diagnosed?		YEARS AGO		
		88	Don't know		
Q4065	Have you ever been treated for it?	1	YES		
		2	No		
Q4066	In which organ or part of your	OF	RGAN(S) OR PART(S) OF THE BODY:		
	body did your cancer start?	1	BREAST		
		2	FEMALE REPRODUCTIVE ORGANS		
	INTERVIEWER:	3	PROSTATE		
	for each different cancer, record organ or part of body in which the	4	LUNG (RESPIRATORY SYSTEM)		
	cancer began. Circle all organs	5	DIGESTIVE ORGANS		
	mentioned by respondent)	6	BLOOD, LYMPHOID AND OTHER RELATED TISSUE		
		7	OTHER, SPECIFY		

Q4067	In the last 12 months what sort of treatments have you received for your cancer?	1 2	NONE IN THE LAST 12 MONTHS CHEMOTHERAPY OR MEDICATION
	, , , , , , , , , , , , , , , , , , ,	3	SURGERY OR BIOPSY
	INTERVIEWER:	4	RADIATION OR X-RAYS
	circle all answers spontaneously mentioned by respondent	5	MEDICATION FOR SYMPTOMS (PAIN, NAUSEA, ALLERGIES)
		6	OTHER, SPECIFY
Q4068	Do you currently have cancer?	1	YES
		2	No

CERVICAL CANCER AND BREAST CANCER SCREENING (WOMEN ONLY)

Questions to be asked to FEMALE respondents only. : Female -> CONTINUE Male -> GO TO Q4072

Now I would like to ask you about some of the kinds of medical care or tests that you may have received.

Q4069	Q4069 When was the last time you had a pelvic examination, if ever? (By pelvic examination, I mean when a doctor or nurse examined your vagina and uterus?)	1	WITHIN THE LAST 3 YEARS	
		2	4-5 YEARS AGO	
		3	MORE THAN 5 YEARS AGO	
		4	Never had exam→	Q4071
Q4070	Q4070 The last time you had the pelvic	1	YES	
	examination, did you have a PAP smear test? (By PAP smear test, I mean did a doctor or nurse use a swab or stick to wipe from inside your vagina, take a sample and send it to a laboratory?)	2	No	
Q4071		1	WITHIN THE LAST 3 YEARS	
	a mammography, if ever? (That is, an x-ray of your breasts taken	2	4-5 YEARS AGO	
	to detect breast cancer at an early	3	MORE THAN 5 YEARS AGO	
	stage.)	4	NEVER HAD EXAM	

CATARACTS

Q4072	In the <u>last 5 years</u> , were you diagnosed with a <u>cataract</u> in one or both of your eyes (a cloudiness in the lens of the eye)?	1 2 8	YES No→ Q4074 Don't know
Q4073	In the last 5 years, have you had eye surgery to remove this	1	YES
	cataract(s)?	2	No

In the last 12 months have you experienced any of the following:

Q4074	Cloudy or blurry vision?	1. Yes
		2. No
Q4075	Vision problems with light, such as glare from bright lights, or halos around lights?	1. YES 2. No

INJURIES

NJURIE	<u> </u>			
Q4076	In the <u>last 12 months</u> , have you been involved in a road traffic accident where you suffered from bodily injury?	1	YES No→	Q4079
	PROBE: This could have been an accident in which you were involved either as the occupant of a motor vehicle, or when you were riding a motorcycle or bicycle or walking.			
Q4077	When (in the last 12 months)	1	IN THE LAST 30 DAYS	
	did the incident happen?	2	BETWEEN 1 TO 2 MONTHS AGO	
		3	BETWEEN 2 TO 6 MONTHS AGO	
		4	BETWEEN 6 TO 12 MONTHS AGO	
		88	Don't know	
Q4078	Did you receive any medical	1	YES	
	care or treatment for your injuries?	2	No	
Q4079	In the <u>last 12 months</u> , have	1	YES	
	you had an accident in your home where you suffered from bodily injury?	2	No→	Q4082
Q4080	When (in the last 12 months)	1	IN THE LAST 30 DAYS	
	did the incident happen?	2	BETWEEN 1 TO 2 MONTHS AGO	
		3	BETWEEN 2 TO 6 MONTHS AGO	
		4	BETWEEN 6 TO 12 MONTHS AGO	
		88	Don't know	

Q4081	Did you receive any medical care or treatment for your	1 2	YES No	
	injuries?	_		

ORAL HEALTH (Questions to be asked to all respondents).

Now I would like you to tell me about the condition of your mouth and teeth

Q4082	Please tell me, are you missing any teeth?	1 2	YES No	
Q4083	During the last 12 months, did you have any problems with your mouth and/or teeth?	1 2	YES No→	Q4086
Q4084	Did the problems with your mouth change how much or how often you ate food?	1 2	YES No	
Q4085	During the <u>last 12 months</u> , did you receive any <u>treatment</u> from a dentist or other oral health specialist for this problem with your mouth and/or teeth?	1 2	YES No→	Q4086

Now, thinking about all the conditions we have just discussed, I would like to ask you about what impact they have on your daily life and your ability to carry out your normal activities.

Q4086	Do these health conditions	1	YES
	interfere with your ability to work or get things done	2	No
	around the house?	8	Don't know
Q4087	How many days of work or activities have you lost in the last 12 months as a result of these health conditions?		DAYS

Time End:				
			•	Time a Field .
TIME LIN.			•	rime ⊑na :

Section 5000: Health Care Utilisation

Time Begin:

We would now like to know about your recent experiences with health care workers and the health care system.

				1
Q5001	When was the last time that you needed health care?	1 2	In the last 30 days	
	INTERVIEWER:		Between 1 month and less than 1 year ago	
	stop reading further as soon as the respondent has selected an	3	Between 1 year and less than 2 years ago	
	answer	4	Between 2 years and 5 years ago	
		5	More than 5 years ago →	Q6000
		6	Never→	Q6000
Q5002	The last time you needed	1	YES	Q5004
	health care, did you get health care?		No	
	Which reasons best explain	1	Could not afford the cost of the visit	
	why you did not get health care?	2	No transport available	
	04.01	3	Could not afford the cost of transport	
	INTERVIEWER:		You were previously badly treated	
	circle all that the respondent mentions	5	Could not take time off work or had other commitments	
	e.	6	The health care provider's drugs or equipment are inadequate	Q6000
		7	The health care provider's skills are inadequate	
		8	You did not know where to go	
		9 10	You tried but were denied health care You thought you were not sick enough	
		11	Other, Specify	

SEEING HEALTH CARE PROVIDERS

Q5004	Where did you go most often over the <u>last 12 months</u> when you felt sick or needed to	1 2	Private doctor's office Private clinic or health care facility
	consult someone about your health?	3	Private hospital
	neatti:	4	Public clinic or health care facility
		5	Public hospital
	INTERVIEWER:	6	Charity or church run clinic
	only one answer allowed	7	Charity or church run hospital
		8	Traditional healer [use local term]
		9	Pharmacy or dispensary
		10	Other, specify

INPATIENT HOSPITAL CARE

We would like to first ask you about any overnight stay in a hospital or other health care facility.

Q5005			YES, A HOSPITAL			
	overnight in a hospital or long- term care facility?	2	YES, LONG TERM CARE FACILITY			
		3				
		4	No	Q5024		
Q5006	When was the last overnight stay in a hospital?					
	YEAR					
	88 Don't Know					

Now we would like to know about more recent times - if you've had any overnight stays in a hospital or other type of health care facility in the <u>last 12 months</u>.

Q5007	Over the last 12 months, was there ever a time you stayed overnight in a hospital or other type of long-term care facility for your own health care?	1 2 3	YES, A HOSPITAL YES, LONG TERM CARE FACILITY NO →	Q5024
Q5008	Over the last 12 months, how many different times were you a patient in a hospital/long-term care facility for at least one night?	88	TIMES Don't Know	

We would like to know how many times you stayed overnight in different types of hospitals over the <u>last 12 months</u>. We would also like to know why you were admitted each time.

INTERVIEWER: respondent may select ONLY one main reason for overnight stay

	Provider	Α	B*	C**	D**	E**	F**
	type /	How many	Which reason	Second	Third last	Fourth last	Fifth last
	Facility	times over	best describes	last stay -	stay -	stay	stay
	type	the <u>last 12</u>	why you were	reason for	reason for	reason for	reason for
		months did	last	admission	admission	admission	admission
		you stay	hospitalized?				
		overnight					
		in a?					
			See below	See below	See below	See below	See below
Q5009	Public						
	hospital						
Q5010	Private						
	hospital						
Q5011	Charity or						
	church-run						
0 = 0 + 0	hospital						
Q5012	Old						
	person's						
	home or						
	long-term						
	care facility						
Q0513	Other,						
QUJIJ	specify						
	Specify						
			·			<u> </u>	

*Codes for B 01=Fever, 02=Diarrhoea, 03=Cough, 04=Unexplained pain in chest, 05=Problems with your heart, 06=Problems with your teeth, 07=Problems with your breathing, 08=Injury, 09=Surgery, 10=Stroke/sudden paralysis of one side of body, 11=Arthritis, joint/back/neck pain, 12= Pain, (stomach, head, other), 13=Depression or anxiety, 14=Cancer, 15=Occupation/work related condition, 16=Other, specify _______ ** Codes for C, D, E and F Use same codes as B.

Now we would like you to think about the <u>last overnight hospital stay only</u>.

Q5014	How many months ago was your last overnight stay?		Months
Q5015			YES
did your health care provider prescribe any medicines for you?	prescribe any medicines for	2	No→ Q5017
Q5016	Q5016 Of the medicines that were prescribed for you, how many of them were you able to get?	1	None of them
		2	Some of them
		3	All of them

Q5017	During your last hospital stay, were you prescribed any laboratory tests or diagnostic imaging (x-rays, ultrasound, etc.)?		YES	
			No→	Q5019
Q5018			YES	
	and/or diagnostics done?	2	NO, BUT TEST RESCHEDULED AND WILL HAVE DONE	
		3	No, too expensive	
		4	No, INSURANCE DOES NOT COVER	
		5	OTHER, SPECIFY	
Q5019	Who paid for this	1	RESPONDENT	
	hospitalisation?	2	SPOUSE/PARTNER	
		3	SON/DAUGHTER	
	INTERVIEWER:		OTHER FAMILY MEMBER	
probe to see if anyone else paid anyone else?	5	NON-FAMILY MEMBER		
	anyone clock	6	PRIVATE INSURANCE	
		7	HOSPITALISATION WAS FREE→	Q5022
			COMMUNITY PAYMENT SCHEME	
Q5020	About how much did you (or a family/household member) pay out-of-pocket for this hospitalisation?			
		[us	se local currency]	
Q5021	Thinking about your last hospital stay, how much did you (or your family/household	a.	Doctor's fees	
	members) pay for:	b.	Medicines	
	INTERVIEWER:		Tooto	
	write "0" if the service was free - If a person did not have	C.	Tests	
	medicines or tests, enter 99999 for "Not applicable, did not have"	d.	Transport	
		e.	Other, specify	

Q5022	Overall, how satisfied were you	1	Very satisfied
	with the care you received during your last hospital stay?	2	Satisfied
	and grown and the production of the production o	3	Neither satisfied nor dissatisfied
			Dissatisfied
		5	Very dissatisfied
Q5023	What was the outcome of your visit to the hospital? Did your condition		Get much better
			Get better
		3	No change
			Get worse
		5	Get much worse
Q5024			Yes
	you had expected/wanted?	2	No

OUTPATIENT CARE AND CARE AT HOME

Now we have some questions about health care you received, but not including an overnight hospital stay. So care you received at a hospital, health centre, clinic, private office or at home from a health care worker.

Q5025	Over the last 12 months, did you receive any health care NOT including an overnight stay in hospital?	1 2	YES No→	Q5045
Q5026	In total, how many times did you seek medical care or consultation in the <u>last 12 months</u> ?		TIMES	

We would like to know how many times you used different health care providers in the last 12 months that did not include an overnight stay. We would also like to know if it was for a chronic ongoing condition or a new condition and what condition was the reason for each visit.

	Provider type /	А	В	C*	D.**	E.**	F.**	G.**
	Facility type	How many times over the last 12 months did you visit?	Was your last visit to [health care provider] for a chronic condition or new condition?	Which reason best describes why you last visited this health care provider?	Second visit (and the time before last)	Third visit (and the time before that)	Fourth visit (and the time before that)	Fifth visit
			1= chronic	See	See	See	See	See
			2= new 3= both	below	below	below	below	below
Q5027	Medical doctor (including gynaecologist, psychiatrist, ophthalmologist)							
Q5028	Nurse							
Q5029	Midwife							
Q5030	Dentist							
Q5031	Physiotherapist or chiropractor							
Q5032	Traditional healer							
Q5033	Pharmacist or druggist							
Q5034	Other, specify							

*Codes for C 01=Fever, 02=Diarrhoea, 03=Cough, 04=Unexplained pain in chest, 05=Problems with your heart, 06=Problems with your teeth, 07=Problems with your breathing, 08=Injury, 09=Surgery, 10=Stroke/Sudden paralysis of one side of body, 11=Arthritis, Joint/Back/Neck pain, 12= Pain, (stomach, head, other), 13=Depression or anxiety, 14=Cancer, 15=Occupation/work related condition, 16=Other, specify ______** Codes for D, E, F and G Use same codes as C.

Now we would like to ask you questions specifically about your <u>last or most recent</u> visit.

Section Sec				
12 months ? 3 PRIVATE CLINIC OR HEALTH CARE FACILITY 3 PRIVATE HOSPITAL 4 PUBLIC CLINIC OR HEALTH CARE FACILITY 5 PUBLIC HOSPITAL 6 CHARITY OR CHURCH RUN CLINIC 7 CHARITY OR CHURCH RUN HOSPITAL 8 OTHER, SPECIFY 2 NURSE/MIDWIFE 1 MEDICAL DOCTOR (INCLUDING GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST, ETC) 2 NURSE/MIDWIFE 3 DENTIST 4 After Q5036 substitute the type of health care provider selected by the patient when you see [health care provider] in parentheses 1 MALE 2 FEMALE 2 FEMALE 3 DON'T KNOW 3 TAXICAD 3 TAXICA	Q5035		1	PRIVATE DOCTOR'S OFFICE
INTERVIEWER: read out responses, circle one option only Which was the last health care provider you visited? INTERVIEWER: After O5036 Substitute the type of health care provider in parentheses What was the sex of the [health care provider]? Q5037 What was the sex of the cleath care provider]? Q5038 Thinking about your last visit, how did you get there? Q5039 About how long did it take you to get there? Q5039 About how long did it take you to get there? Q5030 For your last visit, how would			2	PRIVATE CLINIC OR HEALTH CARE FACILITY
NTERVIEWER: read out responses, circle one option only				PRIVATE HOSPITAL
After Q5036 substitute the type of health care provider jin parentheses Q5037 What was the sex of the [health care provider]? Q5038 Thinking about your last visit, how did you get there? Q5039 About how long did it take you to get there? Q5030 About Now Indicate the potion only of the patient when you determined the provider of the potion of the provider in parentheses Q5030 About how long did it take you to get there? Q5030 About Pory our last visit, how would Q5030 For your last visit, how would Q5030 For your last visit, how would Q5030 About Pory our last visit, how would Q5030 For your last visit, how would Q5030 About Pory our last visit, how would Q5030 For your last visit, how would Q5030 For your last visit, how would Q5030 Very our last visit, how would Q5030 For your last visit, how would Q5030 Very G000 CHIRCH RUN CLINIC (HARITY OR CHURCH RUN CLINIC (HARITY OR CHURCH RUN CLINIC (HARITY OR CHURCH RUN CHURC		INTERVIEWER:	4	PUBLIC CLINIC OR HEALTH CARE FACILITY
Q5036 Which was the last health care provider you visited? After Q5036 substitute the type of health care provider selected by the patient when you see [health care provider]? After Q5036 substitute the type of health care provider in parentheses 1		read out responses, circle one	5	PUBLIC HOSPITAL
Q5036 Which was the last health care provider you visited? INTERVIEWER:				CHARITY OR CHURCH RUN CLINIC
Q5036 Which was the last health care provider you visited? INTERVIEWER: 2 NURSE/MIDWIFE 3 DENTIST 4 PHYSIOTHERAPIST OR CHIROPRACTOR (INCLUDING GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST, ETC) 5 TRADITIONAL MEDICINE PRACTITIONER (use local name) 6 PHARMACIST, DRUGGIST 88 DON'T KNOW 6 PHARMACIST, DRUGGIST 88 DON'T KNOW 7 PHARMACIST, DRUGGIST 88 DON'T KNOW 8 PHARMACIST, DRUGGIST 8 PHARMACIST, DRUGGIST 8 PHARMACIST, D				CHARITY OR CHURCH RUN HOSPITAL
Provider you visited? PSYCHIATRIST, OPHTHALMOLOGIST, ETC)			8	OTHER, SPECIFY
INTERVIEWER: After Q5036 substitute the type of health care provider selected by the patient when you see [health care provider] in parentheses Q5037 What was the sex of the [health care provider]? Q5038 Thinking about your last visit, how did you get there? INTERVIEWER: circle all that the respondent mentions Q5039 About how long did it take you to get there? Q5030 For your last visit, how would Q5040 For your last visit, how would Q5050 For your last visit, how would Q5060 Very get there are provided as Dentity of the patient of the provider and	Q5036		1	
After Q5036 substitute the type of health care provider selected by the patient when you see [health care provider] in parentheses Q5037 What was the sex of the [health care provider]? Q5038 Thinking about your last visit, how did you get there? INTERVIEWER: circle all that the respondent mentions Q5039 About how long did it take you to get there? Q5030 For your last visit, how would 4 PHYSIOTHERAPIST OR CHIROPRACTOR TRADITIONAL MEDICINE PRACTITIONER (use local name) 6 PHARMACIST, DRUGGIST 88 DON'T KNOW 1 MALE 2 FEMALE 1 Private vehicle 2 Public transportation 3 Taxicab 4 Bicycle 5 Walked 88 DON'T KNOW Q5039 About how long did it take you to get there? : HOURS:MINUTES			2	Nurse/Midwife
Of health care provider selected by the patient when you see [health care provider] in parentheses Q5037 What was the sex of the [health care provider]? Q5038 Thinking about your last visit, how did you get there? Interviewer: Circle all that the respondent mentions About how long did it take you to get there? Circle all that there respondent Circle all that there? Circle all th		INTERVIEWER:	3	DENTIST
Dy the patient when you see [health care provider] in parentheses PHARMACIST, DRUGGIST			4	PHYSIOTHERAPIST OR CHIROPRACTOR
[health care provider] in parentheses Comparentheses			5	TRADITIONAL MEDICINE PRACTITIONER
Q5037 What was the sex of the [health care provider]? Q5038 Thinking about your last visit, how did you get there? INTERVIEWER: circle all that the respondent mentions Q5039 About how long did it take you to get there? Q5040 For your last visit, how would NALE MALE Private vehicle 2 Public transportation 3 Taxicab 4 Bicycle 5 Walked 88 DON'T KNOW 1 HOURS:MINUTES	[health care provider] in	[health care provider] in		(use local name)
Q5037 What was the sex of the [health care provider]? Q5038 Thinking about your last visit, how did you get there? INTERVIEWER: Circle all that the respondent mentions Q5039 About how long did it take you to get there? Q5040 For your last visit, how would 1 VERY GOOD About how long did it take the respondent it hours: Minutes		parentheses	6	PHARMACIST, DRUGGIST
[health care provider]? Q5038 Thinking about your last visit, how did you get there? Private vehicle 2 Public transportation 3 Taxicab 4 Bicycle 2 Public transportation 4 Bicycle 5 Walked 6 DON'T KNOW 5 HOURS:MINUTES 1 Private vehicle 2 Public transportation 3 Taxicab 4 Bicycle 5 Walked 6 DON'T KNOW 6			88	Don't know
Q5038 Thinking about your last visit, how did you get there? Interviewer:	Q5037		1	MALE
how did you get there? 2 Public transportation 3 Taxicab INTERVIEWER: 4 Bicycle circle all that the respondent mentions 5 Walked 88 DON'T KNOW Q5039 About how long did it take you to get there? : HOURS:MINUTES Q5040 For your last visit, how would 1 VERY GOOD		[health care provider]?	2	FEMALE
INTERVIEWER: circle all that the respondent mentions About how long did it take you to get there? Q5040 For your last visit, how would 3 Taxicab 4 Bicycle 5 Walked 88 Don't know : Hours:Minutes	Q5038		1	Private vehicle
INTERVIEWER: circle all that the respondent mentions Malked 88 Don't KNOW Q5039 About how long did it take you to get there? HOURS:MINUTES Q5040 For your last visit, how would 1 VERY GOOD		how did you get there?	2	Public transportation
Q5039 About how long did it take you to get there? Q5040 For your last visit, how would 4 Bicycle 5 Walked 88 Don't KNOW : HOURS:MINUTES			3	Taxicab
Q5039 About how long did it take you to get there? : HOURS:MINUTES Q5040 For your last visit, how would 1 VERY GOOD			4	Bicycle
Q5039 About how long did it take you to get there? : HOURS:MINUTES Q5040 For your last visit, how would 1 VERY GOOD			5	Walked
you to get there? : HOURS:MINUTES Q5040 For your <u>last visit</u> , how would 1 VERY GOOD		montione	88	Don't know
Q5040 For your <u>last visit</u> , how would 1 VERY GOOD	Q5039			:
			Но	URS:MINUTES
very rete the traveling time to	Q5040		1	VERY GOOD
the [health care provider]?		you rate the traveling time to	2	GOOD
3 MODERATE		ino [nounti outo provider]:	3	MODERATE
4 BAD			4	BAD
5 Very Bad			5	VERY BAD

Q5041	Thinking about your last visit, how much did you or your household pay for:	A.	[HEALTH CARE PROVIDER'S] FEES		
	(local currency)				
	Interviewer:	В. І	MEDICINES		
	only write 0 if the service was free If a person did not have		C. TESTS		
	tests or drugs, enter 99999 for "Not applicable, did not have"]	D.	Transport		
		Е.	OTHER		
Q5042	What was the outcome of your	1	GET MUCH BETTER		
	visit to the hospital? Did your condition?	2	GET BETTER		
		3	No change		
		4	GET WORSE		
		5	GET MUCH WORSE		
Q5043	Was this the outcome/result you had expected/wanted?	1	YES		

Now we would like to ask you about your impressions of your last visit for health care. We would like you to rate your experiences using the following questions.

	For your last visit	VERY GOOD	GOOD	MODE- RATE	BAD	VERY BAD
Q5044	how would you rate the experience of how <u>clearly</u> the [health care providers] <u>explained</u> things to you, very good, good, moderate, bad or very bad?	1	2	3	4	5
Q5045	how would you rate your experience of getting enough time to ask questions about your health problem or treatment?	1	2	3	4	5
Q5046	how would you rate your experience of getting information about other types of treatments or tests?	1	2	3	4	5
Q5047	how would you rate your experience of being involved in making decisions about your health care or treatment?	1	2	3	4	5

		VERY GOOD	GOOD	MODE- RATE	Bad	VERY BAD
Q5048	how would you rate the way the health services ensured you could talk privately to health care providers?	1	2	3	4	5
Q5049	how would you rate the way your personal information was kept confidential?	1	2	3	4	5
Q5050	how would you rate the freedom you had to <u>choose</u> your [health care provider]?	1	2	3	4	5
Q5051	how would you rate the <u>cleanliness</u> of the rooms inside the facility, including toilets?	1	2	3	4	5
Q5052	how would you rate the amount of space in the waiting and examination rooms?	1	2	3	4	5

We would like to finish this section by asking you two questions about your satisfaction with the health system in your country. Think about the health care service(s) you received in the $\underline{\text{last } 12}$ $\underline{\text{months}}$ when answering the questions.

Q5053	In general, how satisfied would you say you are with the way health care is run in your country? Would you say you are?	1 2 3 4 5	Very satisfied Satisfied Neither satisfied nor dissatisfied Dissatisfied Very Dissatisfied
Q5054	How would you rate the way health care in your country involves you in deciding what services it provides and where it provides them?	1 2 3 4 5	Very good Good Moderate Bad Very bad

Time End:

Section 6000: Social Capital Time Begin:

The following questions are to get your opinions about things in your life In the <u>last 30 days</u>:

Q6001	How often have you felt that	1	Never
	you were unable to control the important things in your life?	2	Almost never
		3	Sometimes
	Read responses	4	Fairly often
		5	Very often
Q6002	How often have you found	1	Never
	that you could <u>not cope</u> with all the things that you had to do?	2	Almost never
		3	Sometimes
	Read responses	4	Fairly often
		5	Very often
Q6003	All things considered, how	1	Very satisfied
	satisfied are you with your life. Would you say you are?	2	Satisfied
		3	Neither satisfied nor dissatisfied
	Read responses	4	Dissatisfied
		5	Very dissatisfied

I would now like to ask you a number of questions about how active you are in the community around you or the community which you live.

Q6004	Are you interested in politics and national affairs? Would you say you are?	1 2 3	Very interested Somewhat interested Only slightly interested
	Read responses	4 <i>88</i>	Not at all interested Don't know
Q6005	Lots of people find it difficult to get out and vote. Did you vote in the last state/national/presidential election?	1 2 3	YES NO REFUSAL

We'd like to know about some of your involvement in your community. For each activity, we'd like to know whether you did this activity at all in the <u>last 12 months</u>, and if you did, how many times you've done this in the last 12 months. For all of these, I want you just to give me your best guess, and don't worry that you might be off a little.

	I			Γ	
	Have you in the last 10		A.	B.	
	Have you in the last 12 months		1=Yes	If YES	
			2=No	About how many times in the last 12 months did you do this?	
Q6007	attended any public	1	Yes →		
	meeting in which there was discussion of local or school affairs?	2	No		
Q6008	met personally with	1	Yes →		
	someone you consider to be a community leader?	2	No		
Q6009	attended any club or	1	Yes →		
	organizational meeting?	2	No		
Q6010	had friends over to your	1	Yes →		
	home?	2	No		
Q6012	been in the home of	1	Yes →		
	someone who lives in a different neighborhood than	2	No		
	you do or had them in your home?				
Q6013	socialized with coworkers	1	Yes →		
	outside of work?	2	No		
Q6014	worked with other people	1	Yes →		
	in your neighborhood to fix or improve something?	2	No		
Q6015	how often do you go out of	1	Less than or	nce per week	
	this house/building to attend social meetings, activities,	2	Once per week		
	programs or events or to visit friends or relatives?	3	Two to 3 times per week		
	menus or relatives?	4	About once per month		
		5	Less than or	nce per month	
		6	Never		

Q6016	Would you like to go out more often or are you satisfied with how much you get out of the	1	Would like to go out more often Satisfied with frequency of going out	00010
house?	3	Would NOT like to go out more often	Q6018	
			······→	Q6018
		8	Don't know	
Q6017	What are the main reasons	1	Health problem	
	that you don't get out more?	2	Lack of transportation	
	INTERVIEWER:	3	No events to go to/no friends to visit	
circle all answers that the respondent mentions	4	No one to accompany me		
	spontaneously	5	Other, specify	

We'd like to ask you a few questions about how you view other people and institutions.

Q6018	Generally speaking, would you say that most people can be trusted or that you can't be too careful in dealing with people?	1 2	CAN BE TRUSTED CAN'T BE TOO CAREFUL
Q6019	Do you have someone you can trust and confide in?	1	YES No

Next, we'd like to know how much you trust different groups of people.

Q6020	Q6020 First, think about people in your neighbourhood.	1 Not at all
	your neignbournood. Generally speaking, would	2 Only a little
	you say that you can trust	3 Some
	them?	4 A lot
		8 Don't know
Q6021	Now, think about people	1 Not at all
	whom you work with. Generally speaking, would	2 Only a little
	you say that you can trust	3 Some
	them?	4 A lot
		8 Don't know
Q6022	And how about strangers?	1 Not at all
	Generally speaking, would you say that you can trust them?	2 Only a little
		3 Some
		4 A lot
		8 DON'T KNOW

Q6023	Not including weddings and funerals, how often do you	1	Every week (or more often)
	attend religious services?	2	Almost every week
	INTERVIEWER:	3	Once or twice a month
	if necessary probe with	4	A few times per year
	categories	5	Once a year or less
Q6024	In general, how safe from	1	Completely safe
	crime and violence do you feel when you are alone at home?	2	Very safe
	•	3	Moderately safe
		4	Slightly safe
		5	Not safe at all
Q6025	How safe do you feel when	1	Completely safe
	walking down your street alone after dark?	2	Very safe
		3	Moderately safe
		4	Slightly safe
		5	Not safe at all
Q6026	In the last 12 months, have	1	YES
	you or anyone in your household been the victim of a	2	No
	violent crime, such as assault or mugging?		

·	•		
Time End :			

Section 7000: Subjective Well-Being and Quality of Life

	-		
Time Regin:	-		
i iiiie begiii.	•		
•			

	SATISFACTION WI	TH LIVING (CONDITIONS	3		
	Now, lets talk about	your life and VERY SATISFIED	l life situation SATISFIED	. NEITHER SATISFIED NOR DISSATISFIED	DISSATISFIED	VERY DISSATISFIED
Q7001	How satisfied are you with the living conditions here in this dwelling?	1	2	3	4	5
Q7002	How satisfied are you with your health?	1	2	3	4	5
Q7003	How satisfied are you with your ability to perform your daily living activities?	1	2	3	4	5
Q7004	How satisfied are you with your personal relationships?	1	2	3	4	5
Q7005	How satisfied are you with the conditions of your living place?	1	2	3	4	5
Q7006	Taking all things together, how satisfied are you with your life as a whole these days?	1	2	3	4	5
Q7007	How would you rate life? Read responses	your overall	quality of	1 VERY GOOD 2 GOOD 3 MODERATE 4 BAD 5 VERY BAD 8 DON'T KNO		
Q7008	Taking all things tog say you are these d Read responses		would you	1 VERY HAPP 2 HAPPY	Y APPY NOR UNHAPI PPY	Pγ

INTERVIEWER: The next section contains multiple parts and questions about the respondent's day - yesterday. Make sure you complete all parts of the respondent's morning (up to 10 parts) and all 3 steps (activities, feelings, sleep quality).

Now I would like to ask you questions about what you did yesterday. I would like to know where you were, what you did, how long you did an activity and how you felt about doing that activity. I am not asking about your entire day, just the morning yesterday after you woke up.

Please tell me about the different parts of your morning. I want you to think of a "part" of the morning as a period of time that lasted about an hour, maybe a little less, or maybe a little more, but generally not more than 2 hours where you were doing the same thing, or a series of similar things. Try to group small, routine things together.

of similar things. Try to group small, routine t	things together.			
Part 1				
First of all, please try to remember exactly when you woke up yesterday. INTERVIEWER: If respondent can't remember, get his or her best guess	TIME 8888 DON'T KNOW TIME			
What is the first thing you remember doing up?	yesterday morning after you woke			
IF R CAN'T REMEMBER: What is the first thing you remember doing WHEN R PROVIDES 1ST ACTIVITY T Now please try again to rememb				
IF R STILL CANNOT REMEMBER, SKIP TWO PARTS AND RECORD RESPONSES THERE.				
IF R IS SAYING TOO MUCH: Thank you, but unfortunately I can't write a me a one or two word description of what				
IF R DOES NOT GET THE IDEA OF A "PART": I just want you to break your morning up ir what you did. I can't record every little thin what you did. What is the first thing you di	ig, so I just want a broad description of			
ENTER RESPONSE (JUST A FEW WORDS):				
	Part 1 First of all, please try to remember exactly when you woke up yesterday. INTERVIEWER: If respondent can't remember, get his or her best guess. What is the first thing you remember doing up? IF R CAN'T REMEMBER: What is the first thing you remember doing WHEN R PROVIDES 1ST ACTIVITY T Now please try again to remember woke up. IF R STILL CANNOT REMEMBER, SKITHERE. IF R IS SAYING TOO MUCH: Thank you, but unfortunately I can't write a me a one or two word description of what IF R DOES NOT GET THE IDEA OF A "PART": I just want you to break your morning up in what you did. I can't record every little thin what you did. What is the first thing you di			

CODING FOR Q7102

INTERVIEWER: For working, you may ask the respondent which kind of work it was. "Desk" means the person was mainly sitting at a desk. "Physical" means the person was mainly lifting or moving things. Check "Working (Other)" if neither is a good description of the nature of the work.

For "Going somewhere", you should use the appropriate specific code. Ask for clarification if it wasn't clear from the original answer. For example if respondent drove to work, ask if he or she was doing the driving, or if someone else was driving.

If several mundane things like grooming, preparing food, and helping children are mentioned as one part, then just code them as "Getting ready". If they are not mentioned in conjunction with other mundane activities, then code them individually.

If you're not clear on the category, you may suggest one or two categories and ask the respondent which of the categories is the best fit.

which of the categories is the best	TIT.						
01 WORKING (PHYSICAL)	11 GETTING READY	23 TALKING WITH SOMEONE					
02 Working (Desk)	12 GROOMING/DRESSING/						
03 WORKING (OTHER)	BATHING	24 WATCHING TV					
04 AT SCHOOL		25 LISTENING TO RADIO					
05 READING OR STUDYING	13 Preparing food	26 LISTENING TO MUSIC					
	14 Doing Housework	27 PLAYING MUSIC					
GOING SOMEWHERE (SPECIFY):	15 WATCHING OVER CHILDREN						
06 DRIVING (YOURSELF)	16 ACTIVITIES WITH CHILDREN	28 SLEEPING					
07 DRIVING (SOMEONE ELSE IS	17 EATING	29 RESTING					
DRIVING)		30 Intimate relations					
08 PUBLIC TRANSPORTATION	18 SHOPPING	31 EXERCISING					
09 BICYCLE	19 COMPUTER / INTERNET	32 PRAYER / MEDITATION					
10 WALKING	20 PHONE						
	21 WAITING	33 OTHER					
	22 NOTHING IN PARTICULAR						
Q7103 How long did that tak	re?	-					
		Hours: Minutes					
	8888 <i>DON'T KNOW</i>						
IF IT LASTED LESS T							
	I won't have time to record everytl						
	ine or a series of similar activities,	could you please list those					
too?							
	DD OD OLIANOE ACTIVITIES IN O7100	DESPONSE BOY AND DESSEED					
	DD OR CHANGE ACTIVITIES IN Q7102	2 RESPONSE BOX, AND PROCEED					
TO CODII	TO CODING.						
-	IF NO, PROCEED TO CODING.						
IF IT LASTED MORE							
	ne same thing with the same peop						
can you break tha	t long period down into a series o	f two or more parts?					
JEWES DESCRIPTION DATE IN OCTION PROPERTY AND DESCRIPTION							
IF YES, RECORD FIRST PART IN Q7102 RESPONSE BOX AND PROCEED TO							
IF YES, F CODING.	ECORD FIRST PART IN Q7102 RESPO	ONSE BOX AND PROCEED TO					

	NE ACTIVITY, UNDERLINE THAT ACTIVITY TO INDICATE DERLINE MAIN ACTIVITY	
	HAN ONE ACTIVITY, ASK THE FOLLOWING QS.	
Q7104	Did you do these things in sequence (one after the other), or did you more or less do them at the same time?	1 IN SEQUENCE → In what order did you do them? WRITE NUMBERS BESIDE THE ACTIVITIES TO INDICATE ORDER.
		2 AT THE SAME TIME → Which of them were you paying the most attention to? UNDERLINE ACTIVITIES.
Q7105	In addition, were you doing anything else at the same time like watching over children or listening to the radio?	CHECK ANY ADDITIONAL CODES WITH A "B". BE SURE THAT YOU HAVE ALREADY UNDERLINED THE MAIN ACTIVITY OR NUMBERED THE MAIN ACTIVITIES IF THERE WERE SEVERAL IN SEQUENCE.
Q7106	Where were you? IF THE LOCATION WAS OBVIOUS, YOU MAY SAY, FOR EXAMPLE, "SO, YOU WERE AT HOME FOR ALL OF THIS?"	1 HOME 2 HOME OF FRIEND/FAMILY MEMBER 3 WORK 4 SCHOOL 5 ON WAY TO WORK OR SCHOOL 6 ON WAY HOME FROM WORK OR SCHOOL 7 ENTERTAINMENT VENUE 8 RESTAURANT / CAFE 9 CHURCH / RELIGIOUS CENTER 10 HOSPITAL / MEDICAL CLINIC 11 OTHER
Q7107	Were you alone? IF "ALONE" GO TO Q7110. IF NOT ALONE, GO TO Q7107A	1 ALONE
Q7107A	Who was with you?	6 FRIEND 7 PET / ANIMALS 8 OTHER PEOPLES' CHILDREN 9 CHURCH PEOPLE 10 MEDICAL CARE PEOPLE 11 CO-WORKERS 12 BOSS 13 STRANGERS 14 OTHER
Q7108	Were you talking to them?	1 YES 2 No
Q7109	Was your interaction with this person (these people) the main thing you were paying attention to?	1 YES 2 No
Q7110	Were you talking to anyone on the phone for much of this time?	1 YES

		0 110
		2 NO → Q7112
Q7111	Who were you on the phone with?	1 SPOUSE
		2 BOYFRIEND / GIRLFRIEND
		3 OWN CHILDREN
		4 OTHER FAMILY
		5 FRIEND
		6 OTHER PEOPLES' CHILDREN
		7 CHURCH PEOPLE
		8 MEDICAL CARE PEOPLE
		9 Co-workers 10 Boss
		11 STRANGERS
		II STRANGERS
		12 OTHER
Q7111A	Was this phone conversation the main thing you were paying attention to?	1 YES
		2 NO
	NOTE THAT O7112 AND O7112 REEED TO THE WIL	NOLE DART, NOT HIST TO THE MAIN ACTIVITY
Q7112	NOTE THAT Q7112 AND Q7113 REFER TO THE WHAT WHAT I WHAT LIMB BY WHAT WHAT WHAT WHAT WHAT WHAT WHAT WHAT	
QTTIZ	At what time did all of this begin:	TIME
		8888 DON'T KNOW TIME
Q7113	At what time did this end?	: TIME
		0000 Bautanaan
		8888 DON'T KNOW TIME

_					
_	EMOTIONS				
	COMPLETE STEP 2 UNTIL A		1 ACTIVI	TY PART	S ARE
	ETE FOR THE ENTIRE MORN				
STEP 2	Now, I would like you to think aga were [INSERT ACTIVITY]. I would part of the day. I will read you so to tell me how much you experies which case you should just say " JUST READ THE RESPONSE OPTIONS A	d like you to ome feelings nced it. Sor Not at all".	remember s, and for ea me of them	how you fach one, I w	elt during that would like you
Step 2	Part 1	Not at all	A little	Some	Very much
Q7114	How impatient were you for it to end?	1	2	3	4
Q7115	How much were you enjoying yourself?	1	2	3	4
Q7116	How frustrated were you feeling?	1	2	3	4
Q7117	How rushed were you feeling?	1	2	3	4
Q7118	How depressed were you feeling?	1	2	3	4
Q7119	How worried were you feeling?	1	2	3	4
Q7120	How tired were you feeling?	1	2	3	4
Q7121	How interested were you feeling?	1	2	3	4
Q7122	How friendly were you feeling?	1	2	3	4
Q7123	This last question may not apply, so you should just say "Not at all" if that is the case: Did you feel that you were not succeeding at what you were trying to do at that time?	1	2	3	4
	READ THE OPTIONS.				

Step 1	Part 2					
Q7202	What is the next thing you remember doing yesterday morning? INTERVIEWER: refer to Q7102 if needed.					
	ENTER RESPONSE (JUST	A FEW	WORDS) - THEN PR	ROCEED TO	CODING:	
	NG (PHYSICAL)	11 G	ETTING READY		23 TALKING WITH SOMEONE	
02 WORKIN 03 WORKIN 04 AT SCH	NG (OTHER)	12 GI	ROOMING/DRESSIN BATHING	IG/	24 WATCHING TV 25 LISTENING TO RADIO	
05 READIN	G OR STUDYING	14 Do	REPARING FOOD DING HOUSEWORK		26 LISTENING TO MUSIC 27 PLAYING MUSIC	
06 DRIVING 07 DRIVING DR	06 DRIVING (YOURSELF) 07 DRIVING (SOMEONE ELSE IS DRIVING) 08 PUBLIC TRANSPORTATION 09 BICYCLE 10 WALKING		ATCHING OVER CH CTIVITIES WITH CHI ATING		28 SLEEPING 29 RESTING 30 INTIMATE RELATIONS	
09 BICYCL			18 SHOPPING 19 COMPUTER / INTERNET 20 PHONE 21 WAITING		31 EXERCISING 32 PRAYER / MEDITATION 33 OTHER	
07000			OTHING IN PARTICU	JLAR		
Q7203	How long did that tak		8888 <i>DON'T I</i>	KNOW	: MINUTES	
Undi					THE MAIN ONE → Q7205	
Q7204	HAN ONE ACTIVITY, ASK TH Did you do these thir			1 IN SEC	QUENCE > In what order	
Q1204	after the other), or die				do them?	
	them at the same tim			_	RITE NUMBERS BESIDE THE	
					TIVITIES TO INDICATE ORDER.	
					HE SAME TIME Which of	
				attentio	ere you paying the most	
					UNDERLINE ACTIVITIES.	
Q7205	In addition, were you at the same time like children or listening	watchi	ng over	CHECK A "B". BE S UNDERLI	NY ADDITIONAL CODES WITH A SURE THAT YOU HAVE ALREADY NED THE MAIN ACTIVITY OR	
					ED THE MAIN ACTIVITIES IF THERE	
Q7206	Where were you? IF THE LOCATION WAS OF FOR EXAMPLE, "SO, YOU OF THIS?"			1 Hom 2 Hom 3 Wor 4 Sch 5 Onv	IE OF FRIEND/FAMILY MEMBER RK OOL VAY TO WORK OR SCHOOL	
	FOR EXAMPLE, "SO, YOU			3 WOF 4 SCH 5 ON V	RK OOL	

SCHOOL 7 ENTERTAINMENT VENUE 8 RESTAURANT/CAFE 9 CHURCH / RELIGIOUS CENTER 10 HOSPITAL / MEDICAL CLINIC 11 OTHER Q7207 Were you alone? ALONE → Q7210 2 SPOUSE IF "ALONE" GO TO NEXT PART. 3 BOYFRIEND / GIRLFRIEND IF NOT ALONE, GO TO Q7207A 4 OWN CHILDREN 5 OTHER FAMILY 6 FRIEND Q7207A Who was with you? 7 PET / ANIMALS 8 OTHER PEOPLES' CHILDREN 9 CHURCH PEOPLE 10 MEDICAL CARE PEOPLE 11 Co-workers 12 Boss 13 STRANGERS 14 OTHER Q7208 Were you talking to them? YES 1 2 No Q7209 Was your interaction with this person 1 YES (these people) the main thing you were paying attention to? 2 No Q7210 Were you talking to anyone on the phone 1 YES for much of this time? NO → Q7212 Q7211 Who were you on the phone with? 2 BOYFRIEND / GIRLFRIEND 3 OWN CHILDREN 4 OTHER FAMILY 5 FRIEND 6 OTHER PEOPLES' CHILDREN 7 CHURCH PEOPLE 8 MEDICAL CARE PEOPLE 9 Co-workers 10 Boss 11 STRANGERS 12 OTHER Q7211A Was this phone conversation the main 1 YES thing you were paying attention to? 2 NO Q7212 At what time did all of this begin? TIME 8888 DON'T KNOW TIME Q7213 At what time did this end? TIME 8888 DON'T KNOW TIME

STEP 2: EMOTIONS

DO NOT COMPLETE STEP 2 UNTIL <u>ALL</u> STEP 1 ACTIVITY PARTS ARE COMPLETE FOR THE ENTIRE MORNING!

Now, I would like you to think again about the next part of the morning when you were [INSERT ACTIVITY]. I would like you to remember how you felt during that part of yesterday morning. I will read you some feelings, and for each one, I would like you to tell me how much you experienced it. Some of them may not really apply, in which case you should just say "Not at all".

JUST READ THE RESPONSE (OPTIONS AS NECESSARY.
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Step 2	Part 2	Not at all	A little	Some	Very much
Q7214	How impatient were you for it to end?	1	2	3	4
Q7215	How much were you enjoying yourself?	1	2	3	4
Q7216	How frustrated were you feeling?	1	2	3	4
Q7217	How rushed were you feeling?	1	2	3	4
Q7218	How depressed were you feeling?	1	2	3	4
Q7219	How worried were you feeling?	1	2	3	4
Q7220	How tired were you feeling?	1	2	3	4
Q7221	How interested were you feeling?	1	2	3	4
Q7222	How friendly were you feeling?	1	2	3	4
Q7223	This last question may not apply, so you should just say "Not at all" if that is the case: Did you feel that you were not succeeding at what you were trying to do at that time?	1	2	3	4
	READ THE OPTIONS.				

Step 1	Part 3						
Q7302	What is the next thing you remember doing yesterday morning? INTERVIEWER: refer to Q7102 if needed.						
		<i>er to Q/102 it needed.</i> TA FEW WORDS) - T HEN PF	ROCEED TO CODING:				
	ENTENTIES SNOE (SSS	ATEN NONDO, THERT	1100EEB 10 00Billion				
01 Worki	 NG (PHYSICAL)	11 GETTING READY	23 TALKING WITH SOMEONE				
02 WORKI 03 WORKI 04 AT SCH 05 READIN 60 DRIVING 07 DRIVING DF 08 PUBLIC 09 BICYCL 10 WALKIN	NG (DESK) NG (OTHER) NG (OTHER) NG OR STUDYING MEWHERE (SPECIFY): G (YOURSELF) G (SOMEONE ELSE IS RIVING) TRANSPORTATION E NG	12 GROOMING/DRESSIN BATHING 13 PREPARING FOOD 14 DOING HOUSEWORK 15 WATCHING OVER CH 16 ACTIVITIES WITH CHI 17 EATING 18 SHOPPING 19 COMPUTER / INTERN 20 PHONE 21 WAITING 22 NOTHING IN PARTICL	25 LISTENING TO RADIO 26 LISTENING TO MUSIC 27 PLAYING MUSIC (HILDREN 28 SLEEPING ILDREN 29 RESTING 30 INTIMATE RELATIONS 31 EXERCISING 32 PRAYER / MEDITATION NET 33 OTHER				
Q7303	How long did that tak	8888 DON'T K	Hours: Minutes				
UND	ERLINE MAIN ACTIVITY		THAT IT IS THE MAIN ONE → Q7305				
Q7304		ngs in sequence (one d you more or less do	1 IN SEQUENCE → In what order did you do them? WRITE NUMBERS BESIDE THE ACTIVITIES TO INDICATE ORDER. 2 AT THE SAME TIME → Which of them were you paying the most attention to? UNDERLINE ACTIVITIES.				
Q7305	In addition, were you at the same time like children or listening	watching over	CHECK ANY ADDITIONAL CODES WITH A "B". BE SURE THAT YOU HAVE ALREADY UNDERLINED THE MAIN ACTIVITY OR NUMBERED THE MAIN ACTIVITIES IF THERE WERE SEVERAL IN SEQUENCE.				
Q7306	Where were you? IF THE LOCATION WAS O FOR EXAMPLE, "SO, YOU OF THIS?"	BVIOUS, YOU MAY SAY, I WERE AT HOME FOR ALL	1 HOME 2 HOME OF FRIEND/FAMILY MEMBER 3 WORK 4 SCHOOL 5 ON WAY TO WORK OR SCHOOL				

		6 ON WAY HOME FROM WORK OR SCHOOL
		7 ENTERTAINMENT VENUE
		8 RESTAURANT / CAFE
		9 CHURCH / RELIGIOUS CENTER
		10 HOSPITAL / MEDICAL CLINIC
		11 OTHER
Q7307	Were you alone?	1 ALONE → Q7310 2 SPOUSE
	IF "ALONE" GO TO NEXT PART.	3 BOYFRIEND / GIRLFRIEND
	IF NOT ALONE, GO TO Q7307A	4 OWN CHILDREN
		5 OTHER FAMILY
		6 FRIEND
Q7307A	Who was with you?	7 PET / ANIMALS
	-	8 OTHER PEOPLES' CHILDREN
		9 CHURCH PEOPLE
		10 MEDICAL CARE PEOPLE
		11 Co-workers
		12 Boss
		13 STRANGERS
		14 OTHER
Q7308	Were you talking to them?	1 YES
		2 No
		2 110
Q7309	Was your interaction with this person (these people) the main thing you were	1 YES
	paying attention to?	2 No
Q7310	Were you talking to anyone on the phone for much of this time?	1 YES
		2 NO → Q7312
Q7311	Who were you on the phone with?	1 SPOUSE
	·	2 BOYFRIEND / GIRLFRIEND
		3 OWN CHILDREN
		4 OTHER FAMILY
		5 FRIEND
		6 OTHER PEOPLES' CHILDREN
		7 CHURCH PEOPLE
		8 MEDICAL CARE PEOPLE
		9 Co-workers
		10 Boss
		11 STRANGERS
		12 OTHER
Q7311A	Was this phone conversation the main thing you were paying attention to?	1 YES
	thing you were paying attention to:	2 NO
07210	At what time did all of this bearing	
Q7312	At what time did all of this begin?	: TIME
		I and the second
		8888 DON'T KNOW TIME
Q7313	At what time did this end?	8888 DON'T KNOW TIME TIME
Q7313	At what time did this end?	

_	EMOTIONS						
DO NO	COMPLETE STEP 2 UNTIL A	<u>ALL</u> STEP	1 ACTIVI	TY PART	S ARE		
COMPL	ETE FOR THE ENTIRE MORN	NING!					
STEP 2	Now, I would like you to think again about the next part of the morning when you were [//NSERT ACT/V/TY]. I would like you to remember how you felt during that part of yesterday morning. I will read you some feelings, and for each one, I would like you to tell me how much you experienced it. Some of them may not really apply, in which case you should just say "Not at all". JUST READ THE RESPONSE OPTIONS AS NECESSARY.						
Step 2	Part 3	Not at all	A little	Some	Very much		
Q7314	How impatient were you for it to end?	1	2	3	4		
Q7315	How much were you enjoying yourself?	1	2	3	4		
Q7316	How frustrated were you feeling?	1	2	3	4		
Q7317	How rushed were you feeling?	1	2	3	4		
Q7318	How depressed were you feeling?	1	2	3	4		
Q7319	How worried were you feeling?	1	2	3	4		
Q7320	How tired were you feeling?	1	2	3	4		
Q7321	How interested were you feeling?	1	2	3	4		
Q7322	How friendly were you feeling?	1	2	3	4		
Q7323	This last question may not apply, so you should just say "Not at all" if that is the case: Did you feel that you were not succeeding at what you were trying to do at that time?	1	2	3	4		
	READ THE OPTIONS.						

Step 1	Part 4				
Q7402	What is the next the INTERVIEWER: ref	er to Q	7102 if needed.	-	-
	ENTER RESPONSE (JUST	Γ A FEW '	WORDS) - THEN PE	ROCEED TO	O CODING:
	NG (PHYSICAL)	11 G	ETTING READY		23 TALKING WITH SOMEONE
04 AT SCH 05 READIN GOING SON 06 DRIVIN 07 DRIVIN	NG (OTHER) NOOL NG OR STUDYING MEWHERE (SPECIFY): G (YOURSELF) G (SOMEONE ELSE IS RIVING) TRANSPORTATION E	13 PF 14 DO 15 W 16 AC 17 EA 18 SH 19 CC 20 PH 21 W	HOPPING DMPUTER / INTERN HONE	ILDREN LDREN ET	24 WATCHING TV 25 LISTENING TO RADIO 26 LISTENING TO MUSIC 27 PLAYING MUSIC 28 SLEEPING 29 RESTING 30 INTIMATE RELATIONS 31 EXERCISING 32 PRAYER / MEDITATION 33 OTHER
Q7403	How long did that tal		THING IN PARTICU	JLAK	
Q. 100	inon iong ara mar tar		:	Hours	: MINUTES
			8888 DON'T K	NOW	
UND	IE ACTIVITY, UNDERLINE TI ERLINE MAIN ACTIVITY HAN ONE ACTIVITY, ASK TI				THE MAIN ONE → Q7405
Q7404	Did you do these thir	ngs in s	equence (one		QUENCE > In what order
	after the other), or di them at the same tim	e?		WAC AC 2 AT TH them we attentio	do them? FRITE NUMBERS BESIDE THE ETIVITIES TO INDICATE ORDER. HE SAME TIME → Which of ere you paying the most on to? UNDERLINE ACTIVITIES.
Q7405	In addition, were you at the same time like children or listening	watchi	ng over	CHECK A "B". BE UNDERLI NUMBER	ANY ADDITIONAL CODES WITH A SURE THAT YOU HAVE ALREADY INED THE MAIN ACTIVITY OR PED THE MAIN ACTIVITIES IF THERE EVERAL IN SEQUENCE.
Q7406	Where were you? IF THE LOCATION WAS O FOR EXAMPLE, "SO, YOU OF THIS?"			1 HOM 2 HOM 3 WOR 4 SCH 5 ON V	ME ME OF FRIEND/FAMILY MEMBER RK

		T
		SCHOOL
		7 ENTERTAINMENT VENUE
		8 RESTAURANT / CAFE
		9 CHURCH / RELIGIOUS CENTER
		10 HOSPITAL / MEDICAL CLINIC
		11 OTHER
Q7407	Were you alone?	1 ALONE → Q7410
		2 SPOUSE
	IF "ALONE" GO TO NEXT PART.	3 BOYFRIEND / GIRLFRIEND
	IF NOT ALONE, GO TO Q7407A	4 OWN CHILDREN
	IF NOT ALONE, GO TO Q7407A	
		5 OTHER FAMILY 6 FRIEND
074074	W/	0 11112112
Q7407A	Who was with you?	7 PET/ANIMALS
		8 OTHER PEOPLES' CHILDREN
		9 CHURCH PEOPLE
		10 MEDICAL CARE PEOPLE
		11 Co-workers
		12 Boss
		13 STRANGERS
		14 OTHER
Q7408	Were you talking to them?	
	g	1 YES
		2 No
07400	Was very interestion with this never	
Q7409	Was your interaction with this person	1 YES
	(these people) the main thing you were	
	paying attention to?	2 No
Q7410	Were you talking to anyone on the phone for much of this time?	1 YES
		2 NO → Q7412
Q7411	Who were you on the phone with?	1 Spouse
Q/411	who were you on the phone with:	2 BOYFRIEND / GIRLFRIEND
		4 OTHER FAMILY
		5 FRIEND
		6 OTHER PEOPLES' CHILDREN
		7 CHURCH PEOPLE
		8 MEDICAL CARE PEOPLE
		9 CO-WORKERS
		10 Boss
		11 STRANGERS
		12 OTHER
Q7411A	Was this phone conversation the main	1 YES
	thing you were paying attention to?	1 113
		2 NO
Q7412	At what time did all of this begin?	_
Q7412	At what time did all of this begin?	: TIME
Q7412	At what time did all of this begin?	
		: TIME 8888 DON'T KNOW TIME
Q7412 Q7413	At what time did all of this begin? At what time did this end?	8888 DON'T KNOW TIME
		8888 DON'T KNOW TIME

STEP 2:	EMOTIONS							
_	DO NOT COMPLETE STEP 2 UNTIL ALL STEP 1 ACTIVITY PARTS ARE							
	ETE FOR THE ENTIRE MORN							
STEP 2	Now, I would like you to think again about that next part of the morning when you were [INSERT ACTIVITY]. I would like you to remember how you felt during that part of yesterday morning. I will read you some feelings, and for each one, I would like you to tell me how much you experienced it. Some of them may not really apply, in which case you should just say "Not at all". JUST READ THE RESPONSE OPTIONS AS NECESSARY.							
Step 2	Part 4	Not at all	A little	Some	Very much			
Q7414	How impatient were you for it to end?	1	2	3	4			
Q7415	How much were you enjoying yourself?	1	2	3	4			
Q7416	How frustrated were you feeling?	1	2	3	4			
Q7417	How rushed were you feeling?	1	2 2	3	4			
Q7418	How depressed were you feeling?	1	2	3	4			
Q7419	How worried were you feeling?	1	2	3	4			
Q7420	How tired were you feeling?	1	2	3	4			
Q7421	How interested were you feeling?	1	2	3	4			
Q7422	How friendly were you feeling?	1	2	3	4			
Q7423	This last question may not apply, so you should just say "Not at all" if that is the case: Did you feel that you were not succeeding at what you were trying to do at that time?	1	2	3	4			
	READ THE OPTIONS.							

Step 1	Part 5				
Q7502	What is the next the INTERVIEWER: ref	er to Q7	7102 if needed.	-	,
	ENTER RESPONSE (JUST	T A FEW	WORDS) - THEN PE	ROCEED TO	O CODING:
	NG (PHYSICAL)	11 G	ETTING READY		23 TALKING WITH SOMEONE
04 AT SCH 05 READIN GOING SON 06 DRIVIN 07 DRIVIN	NG (OTHER) OOL IG OR STUDYING MEWHERE (SPECIFY): G (YOURSELF) G (SOMEONE ELSE IS RIVING) TRANSPORTATION E	13 PF 14 DC 15 W. 16 AC 17 EA 18 SH 19 CC 20 PH 21 W.	HOPPING DMPUTER / INTERN HONE	ILDREN LDREN ET	24 WATCHING TV 25 LISTENING TO RADIO 26 LISTENING TO MUSIC 27 PLAYING MUSIC 28 SLEEPING 29 RESTING 30 INTIMATE RELATIONS 31 EXERCISING 32 PRAYER / MEDITATION 33 OTHER —————
Q7503	How long did that tal		THING IN PARTICE	JLAK	
G. 555			:	Hours	: MINUTES
			8888 DON'T K	NOW	
UND	IE ACTIVITY, UNDERLINE TI ERLINE MAIN ACTIVITY HAN ONE ACTIVITY, ASK TI				THE MAIN ONE → Q7505
Q7504	Did you do these thir	ngs in s	equence (one		QUENCE > In what order
	after the other), or di them at the same tim		nore or less do	WAC 2 AT THE	do them? FRITE NUMBERS BESIDE THE ETIVITIES TO INDICATE ORDER. HE SAME TIME → Which of ere you paying the most on to? UNDERLINE ACTIVITIES.
Q7505	In addition, were you at the same time like children or listening	watchi	ng over	CHECK A "B". BE UNDERLI NUMBER	ANY ADDITIONAL CODES WITH A SURE THAT YOU HAVE ALREADY INED THE MAIN ACTIVITY OR PED THE MAIN ACTIVITIES IF THERE EVERAL IN SEQUENCE.
Q7506	Where were you? IF THE LOCATION WAS O FOR EXAMPLE, "SO, YOU OF THIS?"	-		1 HOM 2 HOM 3 WOR 4 SCH 5 ON V	ME ME OF FRIEND/FAMILY MEMBER RK

SCHOOL ENTERTAINMENT VENUE 8 RESTAURANT/CAFE 9 CHURCH / RELIGIOUS CENTER 10 HOSPITAL / MEDICAL CLINIC 11 OTHER Q7507 Were you alone? ALONE → Q7510 2 SPOUSE IF "ALONE" GO TO NEXT PART. 3 BOYFRIEND / GIRLFRIEND IF NOT ALONE, GO TO Q7507A 4 OWN CHILDREN 5 OTHER FAMILY 6 FRIEND Q7507A Who was with you? 7 PET / ANIMALS 8 OTHER PEOPLES' CHILDREN 9 CHURCH PEOPLE 10 MEDICAL CARE PEOPLE 11 Co-workers 12 Boss 13 STRANGERS 14 OTHER Q7508 Were you talking to them? YES 1 2 No Q7509 Was your interaction with this person 1 YES (these people) the main thing you were paying attention to? 2 NO Q7510 Were you talking to anyone on the phone 1 YES for much of this time? NO → Q7512 Q7511 Who were you on the phone with? **S**POUSE 2 BOYFRIEND / GIRLFRIEND 3 OWN CHILDREN 4 OTHER FAMILY 5 FRIEND 6 OTHER PEOPLES' CHILDREN 7 CHURCH PEOPLE 8 MEDICAL CARE PEOPLE 9 CO-WORKERS 10 Boss 11 STRANGERS 12 OTHER Q7511A Was this phone conversation the main 1 YES thing you were paying attention to? 2 NO Q7512 At what time did all of this begin? TIME 8888 DON'T KNOW TIME Q7513 At what time did this end? TIME 8888 DON'T KNOW TIME

INTERVIEWER - IF ADDITIONAL PARTS TO THE RESPONDENT'S MORNING (up to 10), ADD PARTS FOLLOWING PART 5 and BEFORE COMPLETING STEP 2.

DO NOT	EMOTIONS TOOMPLETE STEP 2 UNTIL A ETE FOR THE ENTIRE MORN	IING!					
STEP 2	Now, I would like you to think again about that next part of the morning when you were [INSERT ACTIVITY]. I would like you to remember how you felt during that part of yesterday morning. I will read you some feelings, and for each one, I would like you to tell me how much you experienced it. Some of them may not really apply, in which case you should just say "Not at all". Just read the response options as necessary.						
Step 2	Part 5	Not at all	A little	Some	Very much		
Q7514	How impatient were you for it to end?	1	2	3	4		
Q7515	How much were you enjoying yourself?	1	2	3	4		
Q7516	How frustrated were you feeling?	1	2	3	4		
Q7517	How rushed were you feeling?	1	2	3	4		
Q7518	How depressed were you feeling?	1	2	3	4		
Q7519	How worried were you feeling?	1	2	3	4		
Q7520	How tired were you feeling?	1	2	3	4		
Q7521	How interested were you feeling?	1	2	3	4		
Q7522	How friendly were you feeling?	1	2	3	4		
Q7523	This last question may not apply, so you should just say "Not at all" if that is the case: Did you feel that you were not succeeding at what you were trying to do at that time?	1	2	3	4		

STEP 3

Q7924	How many hours did you sleep last night?	Hours: Minutes 8888 DON'T REMEMBER
Q7925	How many hours did you sleep the night before last?	HOURS: MINUTES 8888 DON'T REMEMBER
Q7926	Please rate the quality of your sleep last night. Was it excellent, good, fair, or poor?	1 Excellent 2 Good 3 Fair 4 Poor
Q7927	Please rate the quality of your sleep the night before last. Was it excellent, good, fair, or poor?	1 Excellent 2 Good 3 Fair 4 Poor
Q7928	As a whole, how satisfied are you with your life in general? Would you say you are very satisfied, fairly satisfied, not very satisfied, or not at all satisfied?	1 Very satisfied2 Fairly satisfied3 Not very satisfied4 Not at all satisfied
Q7929	Was there anything that you thought about several times yesterday that made you feel worried, sad, or angry?	1 YES 2 NO→ Q7930
Q7929A	What was it?	
Q7930	Was there anything that you thought about several times yesterday that made you smile or feel good?	1 YES 2 NO → Q8000
Q7930A	What was it?	

We know	you might be	e getting tired from	n answering all	these questions.	We are almost done.	
Time End:						

Section 8000: Impact of caregiving and HIV/AIDS

ime Begin:				
ime Beain:	Time Begin:	•		

In the following questions, we want to find out about how families and households cope and support each other through prolonged illnesses and death. I would now like to ask you a few questions about people in your household who have been ill and needed care or have died. I would like to know more any children and their caregiver in the household. The information you provide will be kept strictly confidential and will be used to improve programs for families and children in need. It is possible that you may feel uncomfortable answering some of the questions. You may refuse to answer any questions.

Q8001	Is there anyone in your household, either	4	YES	
QOUUI		1	· - •	
	adult or child, who has been too ill to	2	No→	Q9000
	work or to perform his/her normal duties	8	Don't know→	Q9000
	for at least 3 months in the 12 months?			
Q8002	Now, please tell me, who is or was the	1	RESPONDENT	
	main person providing care for these	2	SOMEONE ELSE IN	
	household member(s)? Is it you yourself,		HOUSEHOLD→	Q9000
	someone else in this household, or	3	SOMEONE OUTSIDE	
	someone outside of this household?		HOUSEHOLD→	Q9000
	INTERVIEWER: Main caregiver is the			
	person primarily responsible for feeding,			
	clothing, providing health care and caring for			
	a child or adult.			
Q8003	Please tell me the people in your	1	SPOUSE	
	household who are or have been ill for at	2	OWN ADULT CHILD (18+)	
	least 3 months in the last 12 months?	3	OWN YOUNG CHILD (<18)	
		4	OTHER ADULT	
	INTERVIEWER - indicate all that the	5	GRANDCHILD	
	respondent indicates	6	OTHER CHILD	
		7	SIBLING	
		8	OTHER FAMILY MEMBER	
		9	NEIGHBOUR OR FRIEND	
		10	OTHER, SPECIFY	

INTERVIEWER - If person not on household roster, enter age and sex here:

Q8004	In total, how many household members have been sick in the last 12 months?		
	People who are seriously ill usually need to include both daily personal care such as around in the house as well as assistance transportation to see doctors, going to bufinancial and other personal affairs.	help with eating, dressing, bathing with their affairs outside the house	, moving e such as
Q8005	For how many of these household members have you been providing care for more than 3 months?		

How many of these household members Q8006 were contributing an income to the household and now has stopped? Q8007 Have any of these persons in your YES household died from a prolonged illness Q8011 2 No.....→ in the last 12 months? 8 Don't know.....→ Q8011 Q8007a. How many persons? Q8007b. Do you know the cause(s) of YES death? 2 No DON'T KNOW 8 Q8008 Have you ever heard of an illness called 1 YES AIDS or a virus called HIV? Q8010 2 No.....→ Q8010 8 Don't know→ Q8009 Were any of the deaths a result of AIDS? 1 YES 2 No DON'T KNOW 8 Q8010 About how much were funeral expenses for your household over the last 12 months? 8 Don't know (in local currency) Q8011 Was one of these persons (who had a YES prolonged illness or who died) from 2 No your household the main breadwinner? 8 DON'T KNOW Q8012 Have you had to sell any items (for 1 YES example, land, livestock or possessions) 2 No to be able to afford to buy food or 8 Don't know medication or pay school fees as a result of a household member's prolonged illness and your caregiving? Q8013 In relation to the illness and caring for YES the sick people in your household, has Q8017 your household received any care or DON'T KNOW→ Q8017 assistance from outside the household? Q8014 Money What kind of help have you received? 2 Food 3 Clothing or other provisions INTERVIEWER: READ EACH OPTION 4 Help with housework AND CIRCLE ALL THAT APPLY 5 Help with medicines/health care 6 Transportation 7 Paying for medical bills or transportation 8 Other, specify DON'T KNOW Q8015 Who provided this help or assistance? 1 Household member 2 Family outside household Anyone else? 3 Neighbours/community 4 Government INTERVIEWER: CIRCLE ALL ANSWERS 5 Church THAT THE RESPONDENT 6 NGOs **SPONTANEOUSLY MENTIONS** 7 Other 8 Don't know

Q8016	Is your household currently caring for any children under the age of 15, whose father or mother, or both parents have died?	1 YES→ 2 No→	Q8016a Q8024
	Q8016a. How many are younger than 15 years of age?		

Orphans in household

		ORPHAN STATUS	ADDITION TO HOUSEHOLD	ORPHAN CARE	
	a. Please indicate the children, under the age of 15 years, whose mother, father or both parents have died and who are living in your household.	b. Which of (NAME)'s parents have died? Only his/her mother, only his/her father or both parents?	c. Did (NAME) live in this household before his/her parent(s) died, or did s/he live elsewhere?	d. Who is the main provider of the money and goods for (NAME) 's needs?	
Q8017	1 Grandchild 2 Child 3 Other relative 4 Non-relative 5 Other	1 Only mother 2 Only father 3 Both parents dead	Lived in household Lived elsewhere	 Respondent him/herself Other household member Person outside the household Other 	
Q8018	1 Grandchild 2 Child 3 Other relative 4 Non-relative 5 Other	1 Only mother 2 Only father 3 Both parents dead	1 Lived in household 2 Lived elsewhere	 1 Respondent him/herself 2 Other household member 3 Person outside the household 4 Other 	
Q8019	1 Grandchild 2 Child 3 Other relative 4 Non-relative 5 Other	1 Only mother 2 Only father 3 Both parents dead	Lived in household Lived elsewhere	 1 Respondent him/herself 2 Other household member 3 Person outside the household 4 Other 	
Q8020	1 Grandchild 2 Child 3 Other relative 4 Non-relative 5 Other	1 Only mother 2 Only father 3 Both parents dead	Lived in household Lived elsewhere	 Respondent him/herself Other household member Person outside the household Other 	
Q8021	1 Grandchild 2 Child 3 Other relative 4 Non-relative 5 Other	1 Only mother2 Only father3 Both parents dead	1 Lived in household2 Lived elsewhere	 Respondent him/herself Other household member Person outside the household Other 	

Q8022	1	Grandchild	1	Only mother	1	Lived in	1	Respondent
	2	Child	2	Only father		household		him/herself
	3	Other relative	3	Both parents	2	Lived	2	Other household
	4	Non-relative		dead		elsewhere		member

	3 4 5	Other relative Non-relative Other	3	Both parents dead	2	Lived elsewhere	2 3 4	Other household member Person outside the household Other
Q8023	1 2 3 4 5	Grandchild Child Other relative Non-relative Other	1 2 3	Only mother Only father Both parents dead	2	Lived in household Lived elsewhere	1 2 3 4	Respondent him/herself Other household member Person outside the household Other

INTERVIEWER: To be asked only if there is a sick person in the household

Q8024	As the main caregiver in the household, how much time did/do you usually spend providing daily care?	HOURS:MINUTES 8888 DON'T KNOW	
Q8025	Did you have any concerns/ difficulties about providing care?	1 YES 2 No→	Q8027
Q8026	What were you concerns/ difficulties?	 1 Keep the person healthy 2 Knowing the best treatment 3 Knowing how to protect myself from getting the illness / disease 4 Other, specify 	

Q8027	The last time a child was sick did you take the child for treatment?	1 Yes→ 2 No	Q8029
Q8028	Which reasons best explain why you did not take the child for treatment?	 Could not afford the cost of the visit No transport available Could not take time off work or had other commitments No services available Others (specify) 	

Now I am going to ask whether <u>you face some problems related to your health and wellbeing</u> since you began providing care for your household members.

Q8029	Getting enough sleep?	1	YES
	3 3 1	2	No
Q8030	Eating enough food?	1	YES
		2	No
Q8031	Having enough energy to do the extra	1	YES
	work?	2	No
Q8032	Taking care of your ailments / chronic condition (if	1	YES
	exist)?	2	No
Q8033	Buying medication for ailments / chronic	1	YES
	condition?	2	No
Q8034	Keeping in contact with people you like	1	YES
	before the caregiving?	2	No
Q8035	Visiting friends and relatives?	1	YES
		2	No
Q8036	Sharing feelings about caregiving responsibility?	1	YES
		2	No
Q8037	Think about the care you have given to the ill	1	MORE THAN USED TO
	household members or to the orphaned children in	2	LESS THAN USED TO
	your home and over the last 12 months and think	3	MORE OR LESS THE SAME
	about your own health.		
	Because of this caregiving, how often have you		
	been going to seek medical care or consultation or		
	check ups for your own health? Have you been		
	going more than you used to, less than you used		
	or has it stayed more or less the same?		

Time Pegin	•		
Time Begin:	•		

INTERVIEWER: This is the end of the interview. Complete section 9000 when you have finished with the respondent.

This completes the interview. We thank you for your time and answers. I have your contact details and may be in touch again. Should you have any questions or concerns please do not hesitate to contact my supervisor (give name).

Section 9000: Interviewer Assessment

INTERV	IEWER ASSESSMENT		
Q9001	Was someone else present during the interview?	1 YES	2 No
Q9002	Did respondent have hearing problem?	1 YES	2 No
Q9003	Vision problem?	1 YES	2 No
Q9004	Use wheelchair?	1 YES	2 No
Q9005	Use cane/crutches/walker?	1 YES	2 No
Q9006	Have difficulties walking?	1 YES	2 No
Q9007	Paralysis?	1 YES	2 No
Q9008	Cough continually?	1 YES	2 No
Q9009	Shortness of breath?	1 YES	2 No
Q9010	Mental problems?	1 YES	2 No
Q9011	Other health problem?	1 YES	2 No
Q9012	Amputation?	1 YES	2 No
Q9013	Respondent cooperation	1 VERY GOOD 2 GOOD 3 MODERATE 4 BAD 5 VERY BAD	1
Q9014	Accuracy and completeness	1 VERY HIGH 2 HIGH 3 AVERAGE 4 LOW 5 VERY LOW	